

Community Mental Health

The Department of Community Mental Health plans, oversees and coordinates services for individuals - and their families - with mental illness, developmental disabilities and substance abuse disorders. A complete directory of partnering agencies and organizations is available on Publications and Forms.

County Executive Andy Spano's Autism Advisory Committee has spoken - and in response Spano announced a series of initiatives to make the county "autism friendly" and deal with gaps in services for families with children on the autism spectrum. You can read the committee's report and if you'd like, provide us with feedback via e-mail at autism@westchestergov.com.

Recently, we added several initiatives to help families that care for children with autism, including a program to provide monitoring bracelets.

In the event of a psychiatric emergency, you can call:

- Mobile psychiatric crisis team at (914) 493-7075
- Suicide prevention hotline at (914) 347-6400
- Or, you can always call 911 in any emergency

Come to our annual county-wide Transition Fair 2009 on Nov. 14 for students with developmental disabilities. Admission is free and pre-registration is not required.

Adult Mental Health Services

The Department of Community Mental Health Services manages and provides access to a wide array of person-centered, recovery-oriented services through Single Point of Access.

These services include case management, Assertive Community and Assisted Outpatient Treatment, housing and forensics.

Learn More Autism The National Institute of Mental Health (NIMH) estimates that 0.2 percent to 0.6 percent of the population is diagnosed with Autism Spectrum Disorders (ASD) each year. Autism is the largest growing developmental disability in the nation.

Learn More County Mental Health Clinics

The Department of Community Mental Health operates four outpatient mental health clinics located through the county.

The centers provide individual, group and family therapy; crisis intervention; assessment; referral and educational presentations. Spanish-speaking staff are available at all clinics. Call (914) 995-HELP for an appointment. [Learn More Care Coordination](#)

Care Coordination will change the way services for adults with serious mental illnesses are delivered.

Services will be person centered and goal oriented. Services will be tracked and monitored to ensure the most appropriate level of care is being provided.

[Learn More](#)