

Robert P. Astorino, Westchester County Executive
County Board of Legislators



**Directory of
Community
Mental Health
Services**

**2012
Edition**

Department of Community Mental Health
Grant E. Mitchell, M.D., Commissioner

EMERGENCY TELEPHONE NUMBERS

Crisis Services

Crisis Prevention and Response Team925-5959

St. Vincent's Hospital – A Division of St. Joseph's Medical Center

Hope's Door1-888-438-8700

Domestic Violence Crisis 24 Hour Hotline

My Sister's Place1-888-298-7233

Domestic Violence 24 Hour Hotline (SAFE)

Hospital Psychiatric Emergency Numbers

Four Winds Hospital800-528-6624

Mount Vernon Hospital664-8000

New York Presbyterian Hospital888-694-5700

Northern Westchester Hospital Center666-1036

Phelps Memorial Hospital Center366-2222

St. Joseph's Medical Center378-7471

St. Vincent's Hospital Westchester967-6500

A Division of St. Joseph's Medical Center

Westchester Medical Center493-1778

White Plains Hospital681-0600

Additional Resources

Westchester County

Department of Community Mental Health995-5220

Hudson Valley Developmental Disabilities

Services Office332-8989

COMMUNITY MENTAL HEALTH SERVICES

**A Directory of the
Westchester County
Department of
Community Mental Health
System of Services**



ROBERT P. ASTORINO, Westchester County Executive
Board of Legislators

GRANT E. MITCHELL, M.D.
Commissioner

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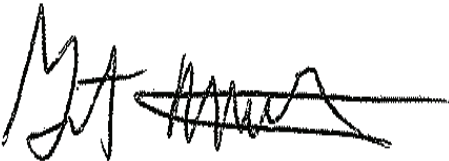
Barbara Waltman

To the Residents of Westchester County:

In reviewing the information in this directory, I am reminded of how fortunate Westchester County is in the quality and scope of its services. The Department of Community Mental Health was created in 1978 with the goals of planning, overseeing and coordinating services for individuals and their families with mental illness, developmental disabilities and substance abuse disorders. We continue to operate under those same goals and strive to meet new challenges and address the needs of Westchester residents.

Most recently, the Department has collaborated with local providers to establish a new program that is recovery-oriented and prevention focused. The program includes a new Crisis Prevention and Response Team (CPRT) operated by the St. Vincent's Hospital/A Division of St. Joseph's Medical Center as well as expansions to some of our most intensive community interventions for children and adults. The CPRT can be reached 24 hours a day by calling 914-925-5959.

We hope that you find this directory useful. Assistance is also available by calling our department directly at 914-995-5220. More detailed descriptions of services and community educational programs can be found on our website at www.westchestergov.com/mentalhealth/.

A handwritten signature in black ink, appearing to read 'Grant E. Mitchell', with a long horizontal line extending to the right.

Grant E. Mitchell, M.D., Commissioner
Community Mental Health

Using the Directory of Community Mental Health Services

This directory is designed with streamlined entries to help you find agencies offering the kind of assistance you need. The Department of Community Mental Health works with a broad range of local providers to address issues of mental illness, developmental disabilities, and alcohol and substance abuse. Each entry includes an agency name, address and telephone number, hours of operation, ages served, and a brief description of services available. Because these details may change over time, please telephone the agency for the most up-to-date information.

Most agencies have Spanish speaking staff throughout the system of services. Call the individual agencies regarding help in languages other than English, including sign language.

Fees are not included in this directory because agencies use sliding scales based on income. Agencies also accept Medicare, Medicaid, and many private third-party insurance plans. ***It is the Department's policy that no Westchester County resident will be denied services because of inability to pay.***

The indexes found at the beginning of the directory provide another way to locate help. Index I gives an alphabetical list of all participants in the Department's system of services. In Index II, agencies are grouped by the disability they serve. Methadone maintenance treatment programs are also listed.

Because services are planned geographically for the five mental health districts designated by the Department, Index III lists agencies by the area of the county they serve. This will help you to find assistance convenient to where you live or work. Westchester's residents are free to seek help at any agency listed, anywhere in the county.

Finally, please note that emergency telephone numbers are listed inside the front cover.

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Yonkers

District II

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Bronxville

Eastchester

Mount Vernon

Pelham

Pelham Manor

Tuckahoe

District III

Sound Shore

Harrison

Larchmont

Mamaroneck Town

Mamaroneck Village

New Rochelle

Port Chester

Rye Brook

Rye City

District IV

Central Westchester

Ardsley

Dobbs Ferry

Elmsford

Greenburgh

Hastings

Irvington

Scarsdale

Tarrytown

White Plains

District V

Northern Westchester

Bedford

Briarcliff Manor

Buchanan

Cortlandt

Croton

Lewisboro

Mount Kisco

Mount Pleasant

New Castle

North Castle

North Salem

Ossining Town

Ossining Village

Peekskill

Pleasantville

Pound Ridge

Sleepy Hollow

Somers

Yorktown

Listing of Services

- **Mental Illness**
- **Mental
Retardation and
Developmental
Disabilities**
- **Chemical
Dependency
Services**

ABBOTT HOUSE

100 North Broadway
Irvington-on-Hudson, NY 10533-1246

591-7300
Ext. 3513

Email: info@abbotthouse.net

Hours: 24 Hours
Ages: 6 - 10½ on admission

A residential program for eight seriously emotionally disturbed children.

Hours: 24 Hours
Ages: Adults

Group homes for developmentally disabled men and women, through referral by State and County offices only.

ABILITY BEYOND DISABILITY

120 Kisco Avenue
Mount Kisco, NY 10549

242-8720
Information & Referrals Ext. 3070

Email: info@abilitybeyonddisability.org

Hours: 24 Hours
Ages: All ages

Provider of home, health, employment and rehabilitation services to individuals in NY and CT whose independent living skills are impaired by disability, illness or injury. Services offered: Residential, Individual Residential, Supported Living, In-Home and Respite Care. Day and work services, clinical therapies, wheelchair and Service Coordination.

ACL (Association of Community Living)

632 Plank Road, Suite 110
Clifton Park, NY 12065

(518) 688-1682

Email: info@aclnys.org

Hours: 9:00 am - 5:00 pm

An association of providers of residential and related programs; activities include advocacy, education, and information.

A-HOME (Apropos Housing Opportunities and Management Enterprises)

141 Tompkins Avenue, 3rd Floor
Pleasantville, NY 10570

741-0740

Website: www.a-homehousing.org

Hours: 9:00 am - 5:00 pm
Ages: Adults

An independent living agency with houses in Northern Westchester. Case management services available as needed, for people recovering from mental illness.

AMERICAN RED CROSS

106 North Broadway
White Plains, NY 10603

946-6500

Hours: Monday – Friday 8:30 am – 4:30 pm
Extended hours during some emergencies.

Response to disasters with support services including material aid and mental health services.

ANDRUS

19 Greenridge Avenue
White Plains, NY 10605

949-7680

Hours: Monday - Thursday 8:00 am - 8:00 pm
Friday 8:00 am – 7:00 pm
Saturday 9:00 am – 2:00 pm
Ages: Children, adolescents, and adults

35 Dock Street
Yonkers, NY 10701

965-1109

Hours: Monday and Wednesday 8:00 am - 8:00 pm
Tuesday and Thursday 8:00 am – 7:30 pm
Friday 8:00 am – 7:00 pm
Saturday 9:00 am – 2:00 pm
Ages: Children, adolescents, and adults

50 Dayton Lane, Suite 205
Peekskill, NY 10566

736-3371

Hours: Monday - Thursday 8:00 am - 7:00 pm
Friday 8:00 am – 7:00 pm
Ages: Children, adolescents, and adults

Andrus serves all ages and stages in life from birth to early childhood, school aged children and adults.

Provides case management and advocacy, early intervention, and situational crisis services. Team of professionals includes highly skilled psychiatrists, psychologists, social workers, and nurse practitioners. Therapy is tailored to meet your needs.

A wide array of evidence based services includes: screening and assessment, psychological testing, individual therapy, group therapy, family therapy, psychiatric consultation, evaluation and medication management.

Offsite Programs

Lois Bronz Children’s Center 761-6134
30 Manhattan Avenue
White Plains, NY 10607

Hours: Monday 8:30 am - 4:30 pm
Thursday 8:30 am – 4:15 pm
Ages: Children, adolescents, and their families

Hours: Monday, Wednesday, Friday 9:00 am - 4:00 pm
Ages: Children, adolescents, and their families

Enrico Fermi School 376-8460
27 Poplar Street
Yonkers, NY 10701

Hours: Monday, Tuesday, Wednesday, Friday 8:30 am – 4:00 pm
Ages: Children (Pre-K through 8th Grade) and their families

Hillcrest Elementary School 739-2284
4 Horton Drive
Peekskill, NY 10566

Hours: Wednesday and Friday 8:00 am – 3:00 pm
Ages: Children (3rd – 5th Grade) and their families

Peekskill Middle School 737-4542
212 Ringold Street
Peekskill, NY 10566

Hours: Tuesday and Thursday 8:00 am – 3:00 pm
Ages: Children, adolescents (6th through 8th grade) and their families

Museum School 25 376-8452
579 Warburton Avenue
Yonkers, NY 10701

Hours: Tuesday, Wednesday, and Friday 8:00 am – 4:00 pm
Ages: Children (Pre-K through 5th Grade) and their families

Yonkers Pathway to Success Vive Academy 376-8600
75 Riverdale Avenue
Yonkers, NY 10701

Hours: Monday and Tuesday 8:00 am – 4:00 pm
Ages: Children, adolescents and adults

ARCS (AIDS Related Community Services) 345-8888
40 Saw Mill River Road
Hawthorne, NY 10532

Hours: Monday - Friday 8:30 am - 5:00 pm
Ages: All ages

Provides a range of client support services including case management, information and referral, individual and family counseling, support groups and on-site services in methadone maintenance clinics, the Westchester County Jail and the Westchester County Penitentiary.

**ARC OF WESTCHESTER (formerly Westchester ARC)
Westchester County Chapter of NYSARC, Inc.**

265 Saw Mill River Road
Hawthorne, NY 10532

949-9300

Website: www.westchesterarc.org
Email: info@westchesterarc.org

Arc of Westchester is the largest organization in Westchester County serving children, adolescents, and adults with intellectual or developmental disabilities. Arc is a family focused agency offering opportunities to individuals with disabilities such as autism, Down syndrome, cerebral palsy and learning disabilities.

Main Sites:

Gleeson-Israel Center 949-9300
265 Saw Mill River Road
Hawthorne, NY 10532

Stella and Simon Sheib Center 963-1600
567 Yonkers Avenue
Yonkers, NY 10704

Ann Manzi Center 241-0505
699 Main Street
Mount Kisco, NY 10549

Adult Living Skills 949-9300
Day Habilitation

Community and center based services provide opportunities for participants to learn life and work skills and also provides community service activities. Convenient locations throughout Westchester in Yonkers, White Plains, Peekskill, New Rochelle, Ossining and Port Chester.

Choices

This program is a blend of day habilitation, supported work, and volunteer work, through small group experiences in the community.

Early Childhood Pre-School Programs 347-3227
The Children’s School for Early Development
40 Saw Mill River Road
Hawthorne, NY 10532

Arc of Westchester’s Children’s School for Early Development provides educational, social, support, early intervention services and preschool classes for children birth to five years of age, and their families. Children with a wide variety of learning and developmental disabilities, including autism and Down syndrome, attend schools located throughout Westchester.

Career, Vocational and Employment Services 949-9300

Provides onsite job training and matches individuals with developmental disabilities to career opportunities with over 250 business partners in retail, food services, offices and other settings. Provides training in preparation for employment and follow-along services.

Community Support Services 949-9300
Medicaid Service Coordination

Arc of Westchester provides OPWDD Medicaid Service Coordination to children, adolescents and adults who live independently, in certified residences, or with family or others.

Family Outreach Program 949-9300

The Family Outreach Program identifies unserved and underserved children and adults and connects them with generic and specialized services. Bi-lingual staff are available to work with Hispanic families.

Crisis Intervention Project 949-8200

For families of individuals with developmental disabilities residing at home who experience an urgent or emergent situation of a non-medical or psychiatric nature. Connects individuals with available benefits and services. Information and referral and short term intensive case management services are offered. 24-hour hotline, 7 days a week is available.

Guardianship Services

949-9300

Provides lifetime advocacy, support and oversight when a family member is no longer available.

Life Planning Center

949-9300

Assists individuals and families to achieve the life they most desire through person-centered planning and links to a network of supports.

Residential Services

681-0650

Provides various levels of services from 24-hour care to supportive independent living for individuals with developmental disabilities.

Recreation and Respite Services

949-9300

Provides a wide variety of recreational, leisure and learning activities designed to help individuals with developmental disabilities learn social skills, experience life in the community and have a great vacation.

- After school recreation at selected Westchester County High Schools.
- Weekend community recreational programs for adults.
- School vacation programs in December, February, April and August.
- A week-long nature study and musical theater program.
- Summer Enrichment offers teens and young adults a college experience with classes in work and life skills.
- Summer Adventure for adults who enjoy an overnight vacation with a choice of venue including a college campus or Outdoor Education Center.

Freestanding Respite House

Provides overnight, weekday evening and all day weekend respite for both children and adults in Thornwood, NY when a family or caregivers needs time off.

Community Habilitation

Provide staff to assist individual with services that is described in a habilitation plan and focuses on the person's need for skill acquisition and direct service provision. These services are provided so that the person can live with the greatest degree of independence possible by providing supports to facilitate community inclusion, integration, and relationship building in community settings.

Transition Services

949-9300

Services are offered to students (ages 15-21) currently in high school throughout Westchester County. Job readiness classes, internship development in community based job sites, internship job coaching and assistance with future planning.

Wellness Center

949-9300

Provides evaluation and treatment services in occupational, physical and speech therapy, and nutrition, vocational rehabilitation, psychology, psychotherapy and psychiatry services. Services offered in several locations as well as certified and non-certified homes. Surrogate Court Guardianship evaluations are also available.

eDocNY

681-0656

The Document Management Company of New York
388 Tarrytown Road
White Plains, NY 10607

Website: <http://www.edocny.com>

Arc of Westchester's document management business employs people with and without disabilities. Services include: paper scanning, including large scale drawings, indexing, electronic transmission of digitized records to a customer's repository. In addition, eDocNY has a record box storage facility and a document destruction operation.

ARTSWESTCHESTER

31 Mamaroneck Avenue
White Plains, NY 10601

428-4220
Ext. 314

E-Mail: jcioffoletti@artswestchester.org

Hours: 9:00 am - 5:00 pm
Ages: All ages and needs served

Provides artist residencies and performances at drop-in centers for persons in the Community Support System (CSS) for seriously mentally ill adults; contracts with mental health agencies serving all ages and needs to provide cultural services and free tickets to Westchester performances for homeless consumers transitioning into permanent housing (MICA).

ASSOCIATION FOR MENTALLY ILL CHILDREN OF WESTCHESTER, INC.

The Clearview School 941-9513
550 Albany Post Road
Briarcliff Manor, NY 10510

Hours: Monday - Friday 8:30 am - 5:00 pm
24 Hour emergency response
Ages: 3 - 21 Years

Combined treatment and special education program for SED children and adolescents, some of whom may also have developmental or other secondary disabilities. The program provides evaluation, diagnosis, 12-month comprehensive program, therapeutic nursery, case management, pre-vocational program and discharge planning services. Treatment includes individual and group therapy, with strong emphasis on parent-child therapy, medication therapy, speech and language services and therapeutic milieu.

The Association also sponsors community residences for developmentally disabled adults.

BEDFORD, LEWISBORO, POUND RIDGE DRUG ABUSE PREVENTION COUNCIL

Box 741 234-3227
Village Green
Bedford, NY 10506

Hours: Monday - Friday 9:30 am - 1:00 pm
Ages: General population

A telephone service offering chemical dependency prevention through information, education, publications and referral services for the towns of Bedford, Lewisboro, and Pound Ridge.

RUSSELL E. BLAISDELL ADDICTION TREATMENT CENTER
New York State Office of Alcoholism and Substance Abuse
Services

140 Old Orangeburg Road, Box 140 (845) 359-8500
Orangeburg, NY 10962

Hours: 24 Hours
Ages: 18 Years and older*

Short-term inpatient rehabilitation for men with alcoholism or alcohol abuse problems. *Under 18 years with consent of parent or guardian.

BLYTHEDALE CHILDREN'S HOSPITAL

Bradhurst Avenue 592-7555
Valhalla, NY 10595 Ext. 485

Hours: Saturdays
Ages: 6 Months - 12 Years

Respite for developmentally disabled children. Recreation therapy for children who are medically fragile, technologically dependent or ventilator dependent. Nurses and physicians available if needed.

CARDINAL McCLOSKEY

2 Holland Avenue 997-8000
White Plains, NY 10603

cdrury@cardinalmccloskey.org

Hours: Office hours: Monday - Friday 9:00 am - 5:00 pm
Group home: 24 Hours
Ages: Female: 10 - 18 Years
Male: 10 - 14 Years

Provides emergency residential care for children. Referrals are generated by the Westchester County Department of Social Services. Also, provides residential services to Westchester residents who are designated Developmentally Disabled and are 21 years of age or older. All such referrals are generated by the Westchester County Department of Community Mental Health and the Hudson Valley Developmental Disabilities Services Office.

St. Theresa's Residence

30 South Tenth Avenue
Mount Vernon, NY 10550

664-5900

Hours: 24 Hours
Ages: Adults

Residential services for severely retarded persons. Community services and resources are utilized to augment the in-house program. Referrals through State and County offices only.

CAREERS for People with Disabilities, Inc

401 Columbus Avenue
Valhalla, NY 10595

741-JOBS (5627)

Email: CareersforPeople@aol.com
Website: www.careersforpeoplewithdisabilities.org

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 18 Years and older (must be work-ready)

Supported work program that finds productive employment for individuals with learning, developmental, psychiatric and/or physical disabilities, including those with serious mental illness. Clients are assisted in finding sustained, meaningful employment within their communities. Job placements are based on individual needs and abilities, in varied workplaces such as offices, schools, restaurants, stores, and other businesses in Westchester and Putnam counties. Full-time job coaches provide job-readiness training, extensive on-the-job training/coaching, and ongoing support services to insure long-term success.

THE CENTER FOR CAREER FREEDOM, INC.

One East Post Road
White Plains, NY 10601

288-9763

www.FREECENTER.ORG

Hours: Tuesday - Friday 9:00 am - 5:00 pm
Ages: Adults

Recipient-run drop-in center providing on and off-site computer applications training; keyboard, internet, and Microsoft XP office

(Word, PowerPoint, Excel and Access), Desktop Publishing and Quickbooks. Applications assistance (FORM-LINK©) and career counseling. Licensed by NYS Department of Education. Certified by Microsoft.

CENTER FOR HUMAN OPTIONS

Greenburgh Central 7 School District 946-6992
Box 45
Hartsdale, NY 10530

Hours: Monday - Friday 8:00 am - 3:00 pm
Ages: 10 - 14 Years

Chemical dependency prevention program for students. Focus is on increasing leadership skills, responsible behavior, self-esteem, self-awareness and helping skills.

CEREBRAL PALSY OF WESTCHESTER

1186 King Street 937-3800
Rye Brook, NY 10573
Email: Linda.Kuck@CPWestchester.org

Provides educational services, direct services, vocational training, recreation, rehabilitation and advocacy to children and adults with cerebral palsy and other disabilities.

Children Services

Day Care Program, located in White Plains, provides developmentally appropriate learning experiences for children between the ages of 2.9 and 5. Offering half-day, full-day and extended day care options daily Monday – Friday from 8:00 am to 6:00 pm.

The United Preschool Program, located in White Plains, offers an integrated learning experience for children with and without disabilities between the ages of 3 and 5 weekdays between 9:00 am to 2:30 pm, with a 10-month session and a six-week summer program.

School Program, located in Rye Brook, serves children and young adults between the ages of 5 and 21 in need of specialized educational, medical and therapeutic services. The School operates a 10-month session with a six week summer program and is approved by the NYS Department of Education. Eligibility is determined by the Committee on Special Education from the child's home school district.

Adult Services

Adult Day Treatment Program focuses on developing individualized service plans, building therapeutic oversight and enhancing daily life skills.

Day Habilitation Program focuses on personal success, developing each individual's interests and emphasizing community inclusion.

Traumatic Brain Injury Program (TBI) for adults who have suffered a traumatic brain injury.

CP/W Vocational Services Program provides individuals with developmental disabilities the training and skills needed to gain employment in the community.

Community Outreach

Medicaid Service Coordination Program for developmentally disabled children and adults residing in Westchester County who meet eligibility requirements.

Respite Program offers parents and caregivers of children and adults with disabilities a well deserved break from the day-to-day responsibilities that come with full-time care utilizing participating hotels in the area.

Home Service Department/Service Coordination Program assists disabled individuals with the assessment of needs and the advocacy, coordination and arrangement of services.

Information and Referral services provide information on topics such as disabilities, services offered within the community, government benefits, support groups and case management services to all interested individuals.

The Adriel and Evelyn Harris Assistive Technology Center offers adaptive equipment which encourages independence and creativity.

Community Recreational Services

Jimmy Vejar Day Camp is open to children and young adults with disabilities – ages 3 to 21, and to children without disabilities, ages 3 to 7. Located at CP/W's David G. Osterer Center in Rye Brook, camp is in session Monday through Friday, 8:30 am to 2:30 pm for six weeks beginning in July. Transportation and nursing services are provided.

Animal Assisted Therapy, the Jasmine Addison Nature Center provides a unique approach to teaching individuals with developmental disabilities about nature.

Pioneer Social Club is a social recreational program that provides adults with disabilities the opportunity to get together and participate in organized recreational activities with their peers.

CPW's Wheelchair Basketball Team "The Barrier Breakers," is open to children with disabilities between the ages of 10 and 21, who reside in Westchester County.

The Kiyoko Brown Lekotek Center offers a learning experience through play that promotes the inclusion of children with special needs into family and community life for children up to 8 years old.

CHILD CARE COUNCIL OF WESTCHESTER, INC.

470 Mamaroneck Avenue 761-3456
White Plains, NY 10603

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Children, infancy to pre-kindergarten

Provides referrals and subsidies for day care services.

THE CHILDREN'S VILLAGE

Dobbs Ferry, NY 10522 1-800-793-5090
Admission
Website: www.childrensvillage.org

Hours: 24 Hours
Ages: Ages 5 – 17

Provides a short-term psychiatric crisis residence for boys and girls. Assessment, treatment and stabilization. Includes individual, group and family treatment. Provides crisis respite upon referral from the county's Crisis Prevention and Response Team number 1-888-997-1583.

CHOICE OF NEW ROCHELLE, INC.

420 North Avenue
New Rochelle, NY 10801

576-0173

Website: www.choiceofny.org

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 18 Years and older

Peer-agency that includes Advocacy, Case Management and Homeless Outreach services to adults living with mental illness. Most services are either free or Medicaid fee for service.

CLUSTER, INC.

20 South Broadway, Room 501
Yonkers, NY 10701

963-6440

Mailing Address:

P.O. Box 1248
Yonkers, NY 10702

Hours: 24 Hours
Ages: Adults

Community residences and supported housing services for mentally ill adults. Specialized community residence for people with mental illness and co-occurring addictive disorders.

COLLEGE CAREERS FUND OF WESTCHESTER, INC.

190 East Post Road, 3rd Floor
White Plains, NY 10601

428-3435

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Adolescents and young adults

Individual and group educational counseling. GED programs.

COMMUNITY AID FOR RETARDED CHILDREN (CARC)

Keon Center
2 John Walsh Boulevard, Suite 2
Peekskill, NY 10566

737-6980

Email: william.melville@keoncenter.org

Mailing Address:

Keon Center
P.O. Box 147
Montrose, NY 10548

Hours: Monday, Wednesday and Friday 8:00 am - 6:00 pm
Tuesday and Thursday 8:00 am – 4:00 pm
Ages: 16 Years and older, MSC 5 Years +

Work programs for individuals with a developmental disability that prevents them from full participation in competitive employment. Programming includes, vocational evaluation, pre-vocational training, long term sheltered employment, community based supported employment sites, job coaching, enclave work groups, job placement and follow-up. The Center also provides day habilitation, family support services, MSC, residential habilitation, job enhancement and life skill training. Additional programs include respite, family support, individual support services and after-hours recreation.

COMMUNITY BASED SERVICES, INC.

3 Fields Lane
North Salem, NY 10560

277-4771

Email: psladkus@commbasedservices.org

Hours: 24 Hours
Ages: Adults

Residential services for autistic and severely retarded persons. Community services and resources are utilized to augment the in-house program. Referrals through State and County offices only.

**COMMUNITY COUNSELING CENTER OF
LARCHMONT/MAMARONECK**

234 Stanley Avenue
Mamaroneck, NY 10543

698-7549

Email: LMCCCTR@aol.com

Hours: Monday - Friday
Day and evening hours by appointments.
Ages: 11 - 28 Years and families

Outpatient counseling, crisis intervention, substance abuse prevention and education, and consultation by mental health professionals. Individual, group and family therapy. School-based services available.

COMMUNITY LIVING CORPORATION

105 South Bedford Road, Suite 300 241-0032
Mount Kisco, NY 10549

Hours: 24 Hours
Ages: 18 - 60 Years

Supportive and supervised community residences for mildly to moderately retarded adults. All residents placed in workshop, study or employment situations. Referrals through State and County offices only.

TOWN OF CORTLANDT YOUTH & RECREATION CENTER

3 Memorial Drive 736-0498
Croton on Hudson, NY 10520

Hours: Monday – Thursday 3:00 pm – 8:30 pm
Friday 3:00 pm – 11:00 pm
Saturday 6:30 pm – 11:00 pm
Sunday - Closed
Ages: 11 – 18 Years

Cortlandt Recreation is committed to providing a variety of substance free-social, recreational, educational and fun activities held in the community. Call for more information and special programs. Substance abuse prevention, information and referrals are also available.

DAYTOP VILLAGE, INC.

246 Central Avenue 949-6640
Hartsdale, NY 10530

Hours: Monday, Wednesday, and Thursday 9:00 am - 8:00 pm
Tuesday 9:00 am – 9:00 pm
Friday 9:00 am - 5:00 pm
Ages: 13 Years and older

Drug treatment services for substance abusers; individual and group counseling; detoxification referrals; educational component available; referrals to residential facilities and other community agencies.

THE EMPOWERMENT CENTER

20 East First Street, Suite 304
Mount Vernon, NY 10550

699-5036

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Adults

Consumer agency which provides socialization and advocacy programs for persons living with mental illness.

Dimensions Clubhouse

576-7022

612 Main Street
New Rochelle, NY 10801

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Adults

A recipient-run clubhouse providing an opportunity for members to engage in social, vocational and educational activities.

Warmline

1-877-HELP-800

Hours: Monday - Friday 8:00 am - 8:00 pm
Saturday 12:00 pm - 5:00 pm
Ages: Adults

Westchester/Rockland Advocacy Coalition

576-7022

612 Main Street
New Rochelle, NY 10801

Hours: Monday - Friday 9:00 am - 4:00 pm
Ages: Adults

WRAC is a recipient-run program providing information, referral and advocacy services to individuals who are hospitalized at Rockland Psychiatric Center and some psychiatric hospitals in Westchester County.

Hours: Monday - Friday 8:00 am - 8:00 pm
Saturday & Sunday 12:00 pm - 5:00 pm

**EPILEPSY SOCIETY OF SOUTHERN NEW YORK
CAPABILITIES PARTNERSHIP, INC.**

450 West Nyack Road, Suite 9
West Nyack, NY 10994

845-627-0627

Email: avero@essny.com

Website: www.essny.com

Hours: Monday - Thursday 9:00 am - 5:00 pm
Friday 9:00 am – 4:00 pm
Ages: All ages

Provides services to persons with epilepsy, traumatic brain injury and other disabilities including help to their families, public agencies, and to the private sector agencies who support them. Services include case management, including service under the Department of Health's Traumatic Brain Injury Waiver; vocational services including job coaching and development; epilepsy education and training; advocacy, counseling, information and referral, and crisis intervention.

FAMILY SERVICES OF WESTCHESTER, INC.

One Gateway Plaza
Port Chester, NY 10573

937-2320

E-Mail: fsw@fsw.org

Clinics

One Gateway Plaza
Port Chester, NY 10573

937-2320

1 Summit Avenue
White Plains, NY 10606-3011

948-8004

9 West Prospect Avenue, Suite 309
Mount Vernon, NY 10550

668-9124

303 South Broadway, Suite 106
Tarrytown, NY 10591

631-2022

20 South Broadway, 3rd Floor
Yonkers, NY 10701

964-6767

507 Fifth Avenue
Pelham, NY 10803

738-1728

Hours: Monday - Thursday 9:00 am - 9:00 pm
Friday 9:00 am - 5:00 pm
Each area office open at least one evening per week.
Hours by appointment

Ages: All ages

Mental health clinics provide individual, couple, group and family therapy, crisis intervention, pharmacotherapy, school consultation program, clinical services for persons who are HIV-positive and their families. Outreach and mobile clinical services for elderly persons, special-needs adoptive families, and homeless individuals; mobile clinical outreach program for families living in homeless housing at Vernon Plaza. Direct in-home services to individuals with mental illness or families of persons with mental illness and developmental disabilities.

Family-Based Treatment for seriously emotionally disturbed children ages 6 to 18 years. Children are matched to host families who are trained and supervised by professional staff. Relationships with natural families are maintained and promoted when possible. Homes are licensed by the New York State Office of Mental Health.

Respite Program countywide for families whose children are seriously emotionally disturbed and involved in intensive services and family support. Adoption and children's services, Big Brothers/Big Sisters Program, school-based mentoring; group homes for adolescents; parent skills training program; PINS diversion.

Camp Success is a mobile, after school respite program with educational and recreational activities and trips, for SED children living in their own homes.

Homemaker services for CSS-eligible individuals; home health care for those with personal care needs.

My Second Home adult day program offers supervision, socialization, recreation, personal care, health monitoring and caregiver support.

Latino Connections/Conexiones Latinas offers Spanish-speaking trained volunteers to assist with advocacy, translation, counseling and support groups, information, referral and linkage to community resources.

Youth Forum

1 Summit Avenue

872-5287

White Plains, NY 10606

Peer

872-5280

Line

Hours: Monthly meeting

Ages: 16 - 24

Peer-led advocacy and support for older adolescents and young adults who have been involved with mental health and other agencies serving young people with emotional problems. Meeting times are available on request.

Westchester Youth Leadership Council, made up of young people recommended from throughout the county, identifies needs and youth-related issues in our community and champions healthy life choices for youth from a holistic viewpoint.

Transitional Services for Aging Out Youth are community based networks specifically for 17-23 year olds to plan for services. On site workshops for personal development and conflict resolution.

Family Strengthening Program provides intensive home-based services for children 8 and under identified through emergency psychiatric services.

Other services include Parenting Again program for grandparents raising grandchildren or other adults raising young relatives; senior employment referral service; and an elder abuse program.

Primetime and Early Head Start Program

456 North Street

761-2731

White Plains, NY 10605

350 Main Street

White Plains, NY 10601

Hours: Monday - Friday 8:30 am - 1:30 pm

Ages: 3- 5 Years

Pre-K for special needs children.

FAMILY SERVICE SOCIETY OF YONKERS

30 South Broadway, 5th Floor
Yonkers, NY 10701

963-5118

Hours: Monday - Friday 9:00 am - 5:00 pm
Evening hours by appointment
Ages: All ages

Licensed Home Care Service Agency (LHCSA), Guardianship,
Grandparent Support Programs, Kinship Technology Center.

FAMILY TIES OF WESTCHESTER

White Plains Office (Se habla espanol)

995-5238

112 East Post Road, 3rd Floor
White Plains, NY 10601

Email: mala@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Family Ties is a network of family-sponsored mutual support groups for families with children and adolescents who have special emotional or behavioral needs. Peer support groups, parent skills training, parent information services, and special family recreational events are provided.

Mount Vernon Resource Center (Se habla espanol)

363-6304

c/o The Guidance Center
256 Washington Street
Mount Vernon, NY 10553

Email: MtVernon@familytieswestchester.org

Hours: Monday - Friday 9:00 am - 5:00 pm
(or by appointment)
Ages: All ages

Ossining Resource Center (Se habla espanol)

941-3461

2 Church Street
Ossining, NY 10562

Email: familyties@ood.org

Hours: Monday - Friday 9:00 am - 5:00 pm (or by appointment)
Ages: All ages

Peekskill Resource Center (Se habla espanol) 739-4725
8 North Division Street
Peekskill NY 10566

Email: Peekskill@familytieswestchester.org

Hours: Monday - Friday 9:00 am - 5:00 pm (or by appointment)
Ages: All ages

Yonkers Resource Center (Se habla espanol) 964-2063
53 South Broadway, Mezzanine Level
Yonkers, NY 10701

Email: Yonkers@familytieswestchester.org

Hours: Monday - Friday 9:00 am - 5:00 pm
(or by appointment)
Ages: All ages

Port Chester Office (Se habla espanol) 703-8656
Don Bosco
22 Don Bosco Place
Port Chester, NY 10573

Email: AMartinez@familytieswestchester.org

Hours: Wednesday 1:00 pm – 4:00pm
Friday 9:00 am – 1:00 pm
Ages: All ages

Port Chester Office (Se habla espanol) 703-8656
Open Door
5 Grace Church Street
Port Chester, NY 10573

Email: AMartinez@familytieswestchester.org

Hours: Wednesday 9:00 am – 12:00 pm
Friday 1:00 pm – 4:00 pm
Ages: All ages

New Rochelle Area 663-4619
Call for information.

Email: WP@familytieswestchester.org

Mount Kisco Area 739-4725
Call for information.

Email: MKisco@familytieswestchester.org

FAMILY TIES PEER SUPPORT GROUPS

Call to confirm meeting time and location. Free childcare is provided at all support groups.

White Plains

995-5238

112 East Post Road
White Plains, NY 10601

Parent Support Group - English

Hours: First and Third Thursday of each month.

6:30 pm – 8:30 pm

Ages: All ages

Parent Support Group - Spanish

Hours: Second and Fourth Thursday of each month.

6:30 pm – 8:30 pm

Ages: All ages

363-6304

Mount Vernon Resource Center

c/o The Guidance Center
256 Washington Street
Mount Vernon, NY 10553

Parent Support Groups

Hours: Second and Fourth Thursday of each month.

6:30 pm - 8:00 pm

Ages: All ages

Grandparents Group

Hours: Third Thursday of each month.

11:30 am - 1:00 pm

Ages: All ages

Fathers Group

Hours: First Thursday of each month.

6:00 pm - 7:30 pm

Ages: All ages

Early Childhood Group

Hours: First Friday of each month.

9:30 am - 11:30 am

Ages: All ages

Daughters of Destiny and Young Leaders of Tomorrow – Call for schedule.

PEEKSKILL

739-4725

Peekskill Resource Center
8 North Division Street
Peekskill, NY 10566

Parent Support Group

Hours: First and Third Wednesday of each month.
7:00 pm – 8:30 pm

Ages: All ages

Grandparents Group

Hours: First and Third Friday of each month.
10:00 am – 11:30 am

Ages: All ages

Girls and Boys Groups – Call for schedule.

YONKERS

964-2063

Yonkers Resource Center
53 South Broadway, Mezzanine Level
Yonkers, NY 10701

Parent Group - English

Hours: Every Wednesday
10:00 am – 12:00 pm

Ages: All ages

Parent Group - Spanish

Hours: First and Third Thursday of each month.
10:00 am – 11:30 am

Ages: All ages

Grandparents Group

Hours: Second and Fourth Thursday of each month.
10:00 am – 12:00 pm

Ages: All ages

Early Childhood Group

Hours: Second and Fourth Friday of each month.
1:00 pm – 2:30 pm

Ages: All ages

Daughters of Destiny – Call for schedule.

OSSINING

Ossining Resource Center
2 Church Street
Ossining, NY 10562

941-3461

Parent Group - Spanish

Hours: First and Third Tuesday
6:00 pm – 8:00 pm
Ages: All ages

Parent Group - English

Hours: Second and Fourth Tuesday
7:00 pm – 9:00 pm
Ages: All ages

Daughters of Destiny – Call for schedule.

PORT CHESTER

Port Chester Office
22 Don Bosco Place
Port Chester, NY 10573

703-8656

Parent Group - Spanish

Hours: First and Third Friday
11:30 am – 1:00 pm
Ages: All ages

FERNCLIFF MANOR FOR THE RETARDED, INC.

1154 Saw Mill River Road
Yonkers, NY 10710

968-4854
968-5730

Website: www.ferncliffmanor.com

Hours: 24 Hours
Ages: 3 - 21 Years

Residential school providing a comprehensive program for autistic, developmentally disabled, and medically fragile children. A wide range of services; medical, nursing, educational, recreational, physical therapy, speech therapy, dietary, and social activities are coordinated to provide individualized treatment for each resident.

FOUR WINDS HOSPITAL

800 Cross River Road
Katonah, NY 10536

763-8151
1-800-528-6624

www.fourwindshospital.com

Hours: 24 Hours a Day/7 Days a Week

Ages: All ages 5 and older

Consultation and Evaluation Services: 24 Hours a Day/7 Days a Week

Inpatient Mental Health Treatment Services

Four Winds is the leading specialized provider of child and adolescent mental health treatment services in the Northeast providing treatment for children beginning at age 5 through 12, adolescents 13 through 17 and adults 18 and older. Treatment integrates individual, group and family therapy, psychodrama and a full complement of educational, expressive and recreational therapies. Dual Diagnosis Treatment available for Adolescents and Adults. On-site school for children and adolescents.

Outpatient Mental Health Treatment Services

Separate Partial Hospitalization Programs for Children, Adolescents, and Adults, located on the Grounds of Four Winds Hospital include 24 hour crisis intervention, on-site school for children and adolescents and full day scheduling in these intensive, highly structured program alternatives to inpatient treatment.

FRIENDS OF KAREN

Box 217
Croton Falls, NY 10519

277-4547

Hours: Monday - Friday 9:00 am - 5:00 pm

Ages: Birth - 18 Years and families

Help and support for terminally and catastrophically ill children and their families. Includes professional services and a bereaved parents support system.

GRACE CHURCH COMMUNITY CENTER, INC.

Administrative Office
35 Orchard Street
White Plains, NY 10603

949-3098

Housing Program 949-0925
35 Orchard Street
White Plains, NY 10603

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Adults

Provides apartment residential program for homeless adults with psychiatric or substance abuse disabilities.

Open Arms Shelter 948-5044
86 E. Post Road
White Plains, NY 10601

Case management and outreach for individuals with developmental disabilities and their families.

**GREENBURGH DEPARTMENT OF PARKS AND RECREATION,
TOWN OF**

11 Olympic Lane 693-8985
Ardsley, NY 10502 Ext. 128

Hours: Monday - Saturday (Hours vary with program)
Ages: School-year program: 5 Years and older
Day Camp: 5 – 21 Years

Recreation programs for developmentally disabled individuals ages 5 and up. Programs include sports, arts and crafts, cooking, swimming, tennis, horseback riding, fitness, vacation camps and summer camps. (Camp ages 5-21). Community Awareness, Dine Around and Special Olympics for our adult population (16 and up).

GROW
P.O. Box 1692 493-1318
White Plains, NY 10602

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

An advocacy organization of parents, guardians and friends of developmentally disabled people; concerned with the quality and availability of community services including group homes, supported work, vocational training, education, recreation, respite, and support groups.

THE GUIDANCE CENTER

Executive Office 613-0700
256 Washington Street, 2nd Floor
Mount Vernon, NY 10553

Hours: Monday – Friday 9:00 am - 5:00 pm
Clinics

Lincoln Avenue Clinic 632-6757
95 Lincoln Avenue
New Rochelle, NY 10801

Hours: Monday, Tuesday, and Thursday 11:00 am - 8:00 pm
Wednesday and Friday 9:00 am - 5:00 pm
Ages: All ages

Mount Vernon Clinic 665-6641
9 West Prospect Avenue
Mount Vernon, NY 10550

Hours: Monday – Friday 8:30 am - 7 :00 pm
Ages: All ages

Satellite Clinics:
Co-Occurring Disorders Clinic
Yonkers Middle High School
Lincoln High School
WestHab/Elm Street

Larchmont-Mamaroneck Clinic 381-6110
930 Mamaroneck Avenue
Mamaroneck, NY 10543

Hours: Monday - Thursday 8:30 am - 9:00 pm
Friday 9:00 am – 5:00 pm
Saturday 9:30 am – 3:00 pm
Ages: All ages

Satellite Clinics:

Port Chester Middle School
Hommocks Middle School

Outpatient psychiatric clinic services; individual and group therapy for children, adolescents and adults, including individuals with drug and alcohol problems, and family therapy.

Grand Street Clinic

636-4440

70 Grand Street
New Rochelle, NY 10801

Hours: Monday - Friday 8:00 am – 9:00 pm
Saturday 8:30 am – 3:00 pm
Ages: Birth – 18 Years

Satellite Clinic
Isaac Young Middle School

Outpatient clinic and pre-school therapeutic nursery. Individual, group, family and play therapy. Consultation to schools and agencies.

START (Start Today And Reach for Tomorrow)
Program, Port Chester Middle School; Lincoln
High School; Gorton High School

381-6110

Hours: Monday – Friday 9:00 am – 5:00 pm
Ages: 12 – 18 Years

School-based service offering social, vocational, educational and counseling program for Port Chester students in middle and high school.

Phone Buddies

613-0700

256 Washington Street, 2nd Floor
Mount Vernon, NY 10553

Hours: Weekday Evenings 5:00 pm – 8:00 pm

A peer operated warm line offering scheduled phone outreach to homebound individuals with psychiatric disabilities.

Supported Housing

613-0700

256 Washington Street, 2nd Floor
Mount Vernon, NY 10553

Hours: 24 Hours
Ages: Adults

Assists individuals recovering from mental illness to live independently in the community. Scatter site apartments in Southern Westchester.

Shelter Plus Care

613-0700

256 Washington Street, 2nd Floor
Mount Vernon, NY 10553

Assists homeless individuals who are diagnosed with a mental illness and/or recovering from alcohol and substance abuse, and who may also be living with HIV+/AIDS to find permanent, affordable housing. Ongoing case management and skills groups are provided.

Single Room Occupancy (SRO's)

613-0700

100 and 98 Maple Avenue
Mount Kisco, NY 10549

Two SRO's provide permanent housing to residents with psychiatric disabilities. Individuals have private bedrooms but share kitchen, living room and outdoor facilities.

Supported Education**Purchase College – State University of New York, Counseling Center**

251-6390

735 Anderson Hill Road
Purchase, NY 10577

Hours: Tuesday – Friday 9:00 am – 5:00 pm
Ages: 18 Years and older

Support while attending college. Helps students with mental illness manage demands and stresses of the college environment, and to complete school and find employment. Open to students attending or wanting to attend college in Westchester County.

Vocational Counseling, Training and Placement Services 613-0700
256 Washington Street, 2nd Floor
Mount Vernon, NY 10553

Vocational assessment, skills training, supported employment and competitive placement.

Vocational Assessment Project 636-1100
20 Sickles Avenue
New Rochelle, NY 10801

Hours: Monday – Friday 8:00 am – 4:00 pm
Ages: 18 Years and older

Vocational evaluation for individuals enrolled in alcohol and substance use programs in Westchester County.

Chemical Dependency Treatment Program 632-1374
20 Sickles Avenue
New Rochelle, NY 10801

Hours: Monday – Friday 5:45 am – 1:45 pm
Medication Hours 6:00 am – 11:00 am
Saturday, Sunday, Holidays 7:00 am – 10:00 am
Ages: 18 Years and older
Under 18 Years, detoxification only.

Outpatient methadone maintenance and detoxification programs for opiate abusers, plus a full range of medical, treatment and rehabilitation services.

PROS (Personalized Recovery Oriented Services) 613-0700
256 Washington Street, 2nd Floor
Mount Vernon, NY 10553

Hours: Monday – Friday 9:00 am – 8:00 pm
Saturday 9:00 am – 1:00 pm
Ages: 18 Years and older

A comprehensive recovery oriented program for individuals with psychiatric disability.

HALFWAY HOUSE OF WESTCHESTER, INC.

14 Longview Avenue
White Plains, NY 10605

946-0949

Email: Whhlongivew14.net

Hours: 24 Hours
Monday - Friday 9:00 am - 5:00 pm
Ages: Males 18 Years and older

Community residence offering three to six month services in therapeutic communal living for sober chemical dependency. Services include individual counseling; group counseling, family group counseling. In house chemical support group. Coordination with outpatient treatment.

HARRISON YOUTH COUNCIL

84 Calvert Street
Harrison, NY 10528

835-7500

Email: www.harrisonyouth.org
www.harrisonyouth@optonline.net

Hours: Monday - Thursday 9:00 am – 7:30 pm
Friday 9:00 am - 5:00 pm
Ages: 5 - 20 Years and Families

Provides school- and community-based substance abuse prevention and education programs. Individual, group and family counseling, assessment, and referral.

HASTINGS YOUTH ADVOCATE PROGRAM

7 Maple Avenue
Hastings-on-Hudson, NY 10706

478-2471

Hours: Monday - Friday 9:00 am - 5:00 pm
Friday and Saturday 6:00 pm - midnight
Ages: 5 - 21 Years

Prevention, early intervention and drug-free program providing outpatient counseling, crisis intervention and consultation by mental health professionals; individual, group and family therapy; vocational services. School-based activities program and Saturday evening coffee house.

HAWTHORNE FOUNDATION

Hawthorne Country Day School
5 Bradhurst Avenue
Hawthorne, NY 10532

592-8526
Ext. 121

Hours: Monday - Friday 7:30 am - 5:30 pm
Ages: 18 months - 60 Years

Services include a day school, Early Intervention; Pre-School, Vocational Training, Manhattan Annex, Parent Education, Adult Day Habilitation Services, Service Coordination, 3 group homes serving individuals with a wide range of developmental disabilities.

HOME HEALTH SERVICES OF WJCS, INC.

845 North Broadway
White Plains, NY 10603

761-0600 x339

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Children, adults and seniors

Licensed home care agency providing homemaker services for persons with mental illness learning to live independently in the community.

HUDSON RIVER HEALTHCARE

1037 Main Street
Peekskill, NY 10566

734-8740

Pathways Chemical Dependency Services

Hours: Monday - Thursday 9:00 am - 8:00 pm
Friday 9:00 am - 5:00 pm
Ages: 13 Years and older

Outpatient alcoholism/substance abuse clinic, offering individual, group and family treatment, assessment, evaluation and referral to a full complement of medical services. An intensive treatment track, an adolescent track, bilingual (Spanish) services, and day and evening groups are available.

Echo Program

1037 Main Street
Peekskill, NY 10566

734-8925

Hours: Monday - Friday 9:00 am - 5:00 pm
July and August only
Ages: 14 Years and older

Summer adolescent mentoring and work experience includes young people with serious emotional disturbance.

HUDSON VALLEY DEVELOPMENTAL DISABILITIES SERVICES OFFICE

New York State Office for People with Developmental Disabilities
Westchester Office 332-8989
220 White Plains Road, 6th Fl.
Tarrytown, NY 10591

Website: opwdd.ny.gov

Hours: Monday - Friday 8:30 am - 5:00 pm
Ages: All ages

New York State agency serving mentally retarded and developmentally disabled persons. Provides comprehensive residential and some non-residential services, including respite (both in-home and out of home), recreation, service coordination, advocacy, parent training and counseling.

HUDSON VALLEY HOSPITAL CENTER

Methadone Maintenance Treatment Program 737-6117
1980 Crompond Road
Cortlandt Manor, NY 10567

Email: phealy@hvhc.org

Hours: Monday - Friday 6:00 am - 1:45 pm
Saturday and Sunday 7:00 am – 3:00 pm
Ages: 18 Years and older, methadone maintenance and detoxification (documented addiction to opiates and presently addicted) Under 18 Years, detoxification only (presently addicted to opiates, parent or guardian consent required)

Outpatient methadone maintenance and detoxification program for opiate abusers. A full range of medical, psychiatric, social work and vocational support services through referral.

HUMAN DEVELOPMENT SERVICES OF WESTCHESTER, INC.

930 Mamaroneck Avenue
Mamaroneck, NY 10543

835-8906

Hours: 24 Hours
Ages: Adults

Supervised residence for men and women recovering from mental illness, together with intensive supportive apartment program, provide a continuum of care in a residential setting. A supported housing program provides housing for homeless persons and those ready for independent living.

Case Management

Ages: 18 Years and older

Supportive Case Management provides personal support and guidance for adults with severe mental illness. Case manager, with client, determines individual needs and arranges for services.

Intensive Case Management for certain adults with severe mental illness and a history of frequent or extended psychiatric hospitalization or use of psychiatric emergency services, or homelessness, with 24-hour support available.

Case Management service includes three homeless outreach workers for short-term follow-up; two outreach workers to assist individuals not receiving SCM or ICM; and two peer specialists (assistant case managers); and one Adult Home SCM and a part-time peer specialist.

Hope House

939-2878

100 Abendroth Avenue
Port Chester, NY 10573

Hours: Monday, Tuesday, Thursday and Friday 8:30 am – 5:00 pm
Wednesday 8:30 am – 7:00 pm
Saturday 10:00 am – 4:00 pm

Ages: Adults

Hope House (Having Opportunities for People Everyday) is a clubhouse, which helps members develop vocational, educational, housing and social opportunities. Open six days per week and on every holiday. Access to computers; assistance in work incentives and benefits; placement and support in transitional and independent employment.

INNOVATIVE HEALTH SYSTEMS

7 Holland Avenue 683-8050
White Plains, NY 10603

Hours: Monday - Friday 9:00 am - 8:00 pm
Ages: 15 Years and older

Chemical dependency program offering outpatient rehabilitation, intensive and clinic levels of service. Individual, group and couple/family counseling. Specialized adolescent, Latino, DWI and buprenorphine (Suboxone) therapy programs.

JAWONIO, INC.

Administrative Office (845) 634-4648
260 North Little Tor Road
P.O. Box 312
New City, NY 10956-0312

Website: www.jawonio.org
Email: Jawonio@jawonio.org

Children's Services

Early Childhood Education Center

Ages: 18 Months – 5 Years
Provides a warm, caring, safe and nurturing environment.

Infant Development Program

Ages: 0 – 3 Years
Early intervention, evaluation, and treatment services through home and agency sponsored based models.

Child Care

Provides day care services as well as short term child care based on availability.

Summer Education Program

Provides education and recreation for children with and without disabilities.

Children's Services Contracts

Parent support group, psychological services, speech and language services, physical and occupation therapy.

Clinical Services - Therapies

Physical and occupational therapists conduct evaluations and provide therapy to adults and children.

Clinical Services - Speech

Onsite services provided by New York State licensed professionals.

Clinical Services - Cranio Facial Clinic

Clinics are held in conjunction with local physicians.

Family Support Services - Respite

Saturday Respite and Respitality Programs have been established for parents of individuals with physical or developmental disabilities or who are medically fragile.

Employment and Day Services

Job developers locate and/or develop jobs based upon a person's interest and abilities. Innovative and specialized community based arts programs.

Vocational Evaluation

Fast track evaluation for persons with an employment/educational goal.

Vocational Business

Operates several businesses to provide employment opportunities with supports for people with disabilities.

Service Coordination

Oversees all services provided for children and adults who have a developmental disability, are eligible and have Medicaid.

JEWISH BOARD OF FAMILY AND CHILDREN'S SERVICES, INC. (JBFCs)

Westchester Day Treatment Center
226 Linda Avenue
Hawthorne, NY 10532

773-7477

Email: JShapiro@jbfc.org

Hours: Monday - Friday 8:00 am - 4:00 pm
Evening hours for family therapy appointments
Ages: 12 - 18 Years

Twelve-month school-based day treatment services for emotionally disturbed adolescents. Services include individual, group and family therapy, medication therapy, socialization and recreation groups, daily after-school program during the regular school year. Clients attend one of the two special education schools on campus. This agency also provides comprehensive residential treatment services (RTC and RTF) for seriously emotionally disturbed boys and girls. Community-based Intermediate Care Facility (ICF) for developmentally disabled men and women. Referrals through State and County offices only.

JOHN A. COLEMAN SCHOOL

317 North Street
White Plains, NY 10605

597-4000

Outpatient Services

Children's Unit

Hours: Monday - Friday 8:30 am - 4:30 pm
Ages: Birth - 21 Years

Serves children with known or suspected developmental disabilities. Priority given to early intervention for infants, pre-school children and newborns at risk. Services include comprehensive medical, diagnostic and developmental evaluations.

Early Intervention Program - Services for parents with newborn developmentally disabled children.

Mobile Home Care Program - Ongoing medical supervision with at-home developmental therapy services for infants, and psychosocial support services and home management techniques for parents.

Day Hospital Services

Hours: 5-1/2 hours per day, 5 days per week
Ages: Infants and pre-school children

Coordinated program of services including comprehensive pediatric and psychiatric supervision with a full range of medical specialty consultations; developmental therapy; early childhood education; psychological evaluations; nursing services with psychosocial support and home management training for parents; transportation for most children.

LEGAL SERVICES OF THE HUDSON VALLEY

90 Maple Avenue 949-1305
White Plains, NY 10601

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Helps people with severe mental illness obtain financial benefits and legal protection; free legal representation in civil (but not criminal) matters, consultation to clients, families and providers on civil legal problems. Contracts with New York State Commission on the Quality of Care for the Mentally Disabled for protection and advocacy services.

LEXINGTON CENTER FOR RECOVERY

Administrative Office

666-0191

116 Radio Circle, Suites 307-309
Mount Kisco, NY 10549

Email: amarcus@lexingtonctr.org

Mount Kisco Clinic

666-6740

24 Smith Avenue
Mount Kisco, NY 10549

Email: melendez@lexingtonctr.org

Hours: Monday and Wednesday 9:00 am - 9:00 pm
Tuesday and Thursday 9:00 am – 8:00 pm
Friday 9:00 am – 6:00 pm
Saturday and Sunday 9:00 am – 4:00 pm

Ages: All ages

Chemical dependency program offering intensive and clinic outpatient services. Specialized services for adolescents and Latinos. Provides evaluations; individual, group and family counseling; and intensive day, evening and adolescent programming.

New Rochelle Clinic

235-6633

3 Cottage Place
New Rochelle, NY 10801

Email: jcurcio@lexingtonctr.org

Hours: Monday – Friday 9:00 am – 9:00 pm

Ages: All ages

Chemical dependency program offering day rehab and intensive and clinic outpatient services. Specialized services for adolescents and Latinos. Provides evaluations and individual, group and family counseling.

Generations

3 Cottage Place
New Rochelle, NY 10801

235-6633

Email: jcurcio@lexingtonctr.org

Hours: Monday – Friday 9:00 am – 5:00 pm

Ages: Women over 18 years old with children under 18 months.

Five-day-per week chemical dependency day rehabilitation program for pregnant and/or post-partum women. On-site nursery. Transportation provided.

Shelter Plus Care 666-6740
24 Smith Avenue
Mount Kisco, NY 10549
Email: gkelly@lexingtonctr.org

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Provides permanent housing and case management for formally homeless, chemically dependent families and veterans.

Families First
116 Radio Circle, Suites 307-309 666-0191
Mount Kisco, NY 10549
Email: Jackie.nicholas@dfa.state.ny.us

Hours: Monday - Friday 9:00 am - 5:00 pm (24-hour coverage)
Ages: All ages

Provides intensive case management to substance-affected families at risk for out-of-home placement in Yonkers and Mount Vernon.

Chemical Dependency Unit
131 Warburton Avenue, 3rd Floor 231-2755
Yonkers, NY 10701
Email: KQO1@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Assesses and refers all chemically dependent individuals who apply for or currently receive Child Welfare services to appropriate treatment settings. Offices are co-located with Child Welfare in Yonkers, White Plains and Peekskill.

PINS Diversion Program Assessment Unit
24 Smith Avenue 666-6740
Mount Kisco, NY 10549
Email: JTD1@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 12 - 17

Provides comprehensive psychological assessments, case management and brief interventions for adolescents who are diverted from the Family Court system for services in their communities.

Building Bridges ICM Unit

3 Cottage Place 235-6633
New Rochelle, NY 10801
Email: beatriz1love@yahoo.com

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Serves Westchester families who have at least one family member in substance abuse treatment and whose child/children are determined to be in need of services.

Services include: a comprehensive family assessment; crisis intervention/prevention; court/school advocacy/referrals; parenting and life skills training; domestic violence referrals/counseling; safety planning; housing/pantry referrals; skill building and empowering; home management; respite referrals; and recovery coaching. 24-hour availability.

MENTAL HEALTH ASSOCIATION OF WESTCHESTER COUNTY, INC. (MHA)

Administrative Office 345-5900
580 White Plains Road, Suite 510
Tarrytown, NY 10591
Website: www.mhawestchester.org
Email: help@mhawestchester.org

MHA is a community-based mental health agency that provides direct services, professional and community education and advocacy to the Westchester community. MHA offers a comprehensive array of mental health services for all ages at licensed mental health clinics and in the home and community. MHA works to help each individual to achieve their personal goals and to lead an independent, healthy and successful life in the community.

Mental Health Clinics

345-0700
Ext. 7350

Locations

344 Main Street, Suite 301
Mount Kisco, NY 10549

300 Hamilton Avenue, Suite 201
White Plains, NY 10601

29 Sterling Avenue
White Plains, NY 10606

20 South Broadway, Suite 1101
Yonkers, NY 10701

25 Operations Drive
Valhalla, NY 10595

BOCES Educational Resource Center (BERC)
@ The Family Resource Center
131 Midland Avenue
North Nyack, NY 10960

MHA offers a full range of individual, family and group psychotherapy for all ages and diagnoses. Services include individual psychotherapy including play therapy for children, medication therapy as needed, and group and family counseling. Our staff include licensed clinical social workers, psychologists and psychiatrists who are trained in an array of approaches. MHA offers quick and easy access to services, with no wait. MHA offers individualized support and will partner with you to find the services that are right for you.

Spanish-language support and treatment is available for all ages. For information on services in Spanish call (914) 345-0700.

Hours: Monday - Friday 9:00 am - 5:00 pm
Evening hours vary. Please call for hours.
Ages: All ages

Assertive Community Treatment (ACT)

347-4290

Services are provided in the home and in the community.

Hours: Monday - Friday 9:00 am - 5:00 pm
24 Hour Emergency Coverage
Ages: 18 Years and older

Intensive, comprehensive clinical, case management, vocational and recovery-oriented services for adults who are diagnosed with a serious mental illness and whose needs have not effectively been met by traditional service delivery. Services are provided in the community by a mobile treatment team and are individually tailored to assist individuals to improve their quality of life and achieve valued life roles. Referral required through DCMH Single Point of Access (SPOA).

Adult Home Case Management Service

345-5900
Ext. 7521

Services are provided at specific facilities in Westchester.

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 18 Years and older

Adult Home Case Management (AHCM) provides supportive case management and peer support services to adults with psychiatric diagnoses who reside in Crestview Manor, New Rochelle Manor and Palisades Gardens adult homes. AHCM focuses on engaging residents to develop person-directed plans so they can achieve life goals of value to them. In addition to service planning, adult home teams assist residents in resource and skill development that can aid in goal achievement.

Care Coordination

345-5900
Ext. 7520

Services are provided in the home and in the community.

Hours: Monday - Friday 9:00 am - 5:00 pm
24 Hour Emergency Coverage
Ages: 18 Years and older

Care Coordination provides person-directed mobile Intensive Case Management and support services to adults who have been diagnosed with serious mental illnesses and who have not demonstrated significant recovery utilizing traditional case management modalities. Services are provided in the participant's home or other designated community location and include developing individualized Wellness Recovery Action Plans; working with providers to arrange admission into desired or needed services;

coordinating mental health, chemical dependence, medical, legal, housing and needed support services; providing guidance and access to self-determination and service dollars; offering ongoing case management services including advocacy, outreach, crisis intervention and overall service coordination.

Crossroads

580 White Plains Road, Suite 510
Tarrytown, NY 10591

345-5900
Ext. 7520

Hours: Monday - Friday 9:00 am - 5:00 pm
24 Hour Emergency Coverage
Ages: 17 - 22 Years

Mobile case management services for adolescents and young adults with a history of serious emotional problems. Services are provided in the community, in the home, school and other locations and include case management; individual, group and family mental health treatment; medication therapy; crisis intervention; psychoeducation; skill development and enhancement; assertiveness and problem-solving strategies; advocacy; vocational services and supported housing.

Children’s Case Management Services

Services are provided in the home and in the community.

345-5900
Ext. 7521

Hours: Monday - Friday 9:00 am - 5:00 pm
24 Hour Emergency Coverage
Ages: 5 - 18 Years

Children’s Case Management Services include Intensive Case Management and Home and Community Based Services Waiver. Both services are targeted to children who have social, emotional or behavioral challenges. The goal of each program is to provide individualized, community-based care coordination to children and their families where serious emotional disturbances on the part of a child threatens a family’s ability to keep the child at home and in their community. Specially trained Individualized Care Coordinators experienced in working with children who have serious emotional/behavioral issues meet regularly with children and families in their homes to develop individualized service plans. Referrals required through DCMH Single Point of Access (SPOA).

Employment Services
29 Sterling Avenue
White Plains, NY 10606

949-7035
Ext. 7119

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Adults

Employment Services enables adults and older adolescents with serious mental illnesses, who have not worked or who have had unsuccessful employment experiences, to secure employment in integrated work settings with long-term supports. Employment Services help individuals who have psychiatric diagnoses prepare for, choose and maintain employment, and assist employers in finding valuable employees. Staff have specific training in providing recovery-oriented supportive employment services. Services include Diagnostic Vocational Evaluation, Work Readiness, Cognitive Remediation, Supported Employment, Individual Placement and Support Model (IPS), Direct Placement Services, and Youth Works.

Housing Services

345-5900
Ext. 7510

Residences and apartment located in White Plains, Yonkers and other sites throughout Westchester.

Hours: 24 Hours
Ages: 18 Years and older

MHA offers Treatment Apartment and Supported Housing for adults in recovery from mental illnesses. The philosophy of MHA's housing programs is based on the belief that individuals who have psychiatric diagnoses can recover and make choices in regards to their living, working and social environments allowing individuals to live the most independent lives possible. MHA's Rutherford House/Longview Apartment Program is a congregate care level II facility licensed by the Office of Mental Health as an Apartment Treatment Program (ATP). MHA's Supported Housing program is a non-licensed program that offers scattered apartments to individuals throughout Westchester County, assisting them with rental stipends and direct support around independent living.

Long Term Care Ombudsman Program (LTCOP)

345-5900
Ext. 7522

Services are provided at various locations throughout Westchester.

Hours: Monday – Friday 9:00 am – 5:00 pm
Ages: Adults

LTCOP uses extensively trained volunteers – Ombudsmen – to advocate for the rights, dignity and quality care of residents in long term care facilities including adult homes, enriched housing, nursing homes and assisted living facilities in Westchester County. LTCOP staff and Ombudsmen receive, investigate and resolve complaints and concerns of residents and their families. LTCOP is the only program that is mandated to do oversight of long-term care facilities in Westchester County.

The Sterling Community Center

29 Sterling Avenue
White Plains, NY 10606

949-1212
Ext. 7118

Hours: Monday, Tuesday, Wednesday, Friday 8:30 am – 5:00 pm
Thursday 8:30 am – 8:00 pm
Ages: 18 Years and older

The Sterling Community Center offers adults with psychiatric disabilities an array of classes, social and recreational activities and volunteer opportunities that promote recovery, build hope, create social connections, help individuals to decrease their dependence on a formal mental health system, and facilitate community integration. The Center offers both time-limited activities and ongoing courses related to health and wellness, employment and education, and developing social networks.

MOUNT VERNON DEPARTMENT OF RECREATION, CITY OF

Mount Vernon City Hall
Roosevelt Square, Room 3
Mount Vernon, NY 10550

665-2420

Recreation Center

144 North 5th Avenue
Mount Vernon, NY 10550

Summer Day Camp Special Group

Pennington School
Devonia Avenue
Mount Vernon, NY 10552

Hours: Office: Monday - Friday 8:30 am - 4:30 pm
Program hours vary
Ages: 6 Years and older

Year-round program for developmentally disabled individuals; serves Mount Vernon residents, others by special arrangement. Evening and Saturday games, singing, dancing, arts and crafts; other recreation. Eight-week summer camp, swimming, and trips.

MOUNT VERNON HOSPITAL

12 North Seventh Avenue 664-8000
Mount Vernon, NY 10550

Inpatient Services 664-8000
Ext. 6750

Hours: 24 Hours
Ages: 18 Years and older

Acute care inpatient treatment using diagnostic and active therapeutic services, medication stabilization, cognitive and interpersonal therapies, brief short-term psychotherapy and family therapy; aftercare and community placement assistance. Voluntary, involuntary and emergency admissions. Emergency services available 24 hours a day, seven days a week.

Outpatient Services

Intensive & Supportive Case Management Program 361-7198
3 South 6th Avenue, 2nd Fl.
Mount Vernon, NY 10550

Hours: Monday – Friday 9:00 am – 5:00 pm
Ages: 18 Years and older

Case managers assist adults with serious mental illness by linking them to community resources. Case managers with clients determine individual needs and goals. Referral required through DCMH-SPOA application which must be sent to the central intake committee.

Assertive Community Treatment (ACT) Program 361-7404
3 South 6th Avenue, 2nd Fl.
Mount Vernon, NY 10550

Hours: Monday – Friday 9:00 am – 5:00 pm
24 Hour Emergency Coverage
Ages: 18 Years and older

Provides intensive, comprehensive clinical, case management, vocational and rehabilitative services to adults diagnosed with a serious mental illness and whose needs have not been met effectively by traditional service delivery. Services are provided in the community by a mobile treatment team and are individually tailored to assist individuals to improve their quality of life and achieve valued life roles. Referral required through DCMH SPOA and referral packet must be sent to central intake committee.

Methadone Maintenance Treatment Program 361-6239
3 South 6th Avenue
Mount Vernon, NY 10550

Hours: Monday - Friday 6:00 am – 2:00 pm
Saturday 7:00 am - 11:00 am
Sunday 8:00 am - 11:00 am
Holidays 7:00 am - 10:00 am
Ages: 18 Years and older
Under 18 Years: detoxification only, parent or guardian consent required.

Outpatient methadone maintenance for opiate abusers, plus a full range of medical, psychiatric, social work and vocational support services. Program for children of substance abusers, families and couples; group and individual counseling.

NATIONAL ALLIANCE ON MENTAL ILLNESS OF WESTCHESTER (NAMI Westchester)

100 Clearbrook Road 592-5458
Elmsford, NY 10523

Email: info@namiwestchester.org

Hours: Monday - Friday 9:00 am – 1:00 pm
Ages: 18 Years and older

Advocacy, support and self-help organization for individuals with mental illness and their families. Family Education Seminars for parents and siblings of recovering individuals in Spanish, as well as English. Support groups. Education programs in Westchester public schools.

**NEW ROCHELLE DEPARTMENT OF PARKS AND RECREATION,
CITY OF**

515 North Avenue
New Rochelle, NY 10801

654-2088

Hours: Office: Monday - Friday 8:30 am - 4:30 pm
Program hours vary
Ages: 5 Years and older

Serves New Rochelle residents or others by special arrangement. Comprehensive year-round therapeutic recreation program for developmentally disabled youth and adults. Six-week summer day camp, two after-school programs for elementary school age children, evening canteen program once a week for adults and teens 16 and older, Saturday Boy Scout program, arts-in-education program, New Rochelle Recreation Therapeutic Program, and trips in the community.

**THE NEW YORK PRESBYTERIAN HOSPITAL
Westchester Division**

21 Bloomingdale Road
White Plains, NY 10605

(888) 694-5700

Inpatient Services

(888) 694-5700

Admissions

Hours: 24 hours/7 days per week
Ages: 5 Years and older

Special psychiatric units for acute care, alcohol and drug dependence, MICA (concurrent mental illness and chemical abuse), eating disorders, geriatric individuals, children and adolescents. One of the acute units has a subspecialty in personality disorders. Services include psychiatric, social, psychological and neurological evaluations; psychotherapy (individual, group and family); crisis intervention; elementary and secondary education through school annex.

Outpatient Services

**Child and Adolescent Outpatient
Department**

997-5882

Hours: Monday - Thursday 8:30 am - 7:00 pm
Friday 8:30 am - 5:00 pm
Ages: Under 18 years

Evaluation and diagnosis; psychotherapy (individual, group and family); neurological and psychological testing; learning disability evaluation.

Adult Outpatient Department 997-5940

Hours: Monday - Thursday 8:30 am - 7:00 pm
Friday 8:30 am - 5:00 pm
Ages: Other appointments by arrangement

Outpatient psychiatric services include diagnosis and evaluation; psychotherapy (individual, group, family and marital therapy); pharmacotherapy; crisis intervention; brief counseling; consultation to community agencies; vocational consultation for patients registered in the Outpatient Department.

Specialized Services include:

Anxiety and Mood Disorders Unit (888) 694-5700

Ages: 18 Years and older

Consultation and treatment for phobias, anxiety, obsessions, depression or mania. Cognitive behavior, supportive, and psychoeducational models of treatment are available, as well as psychotherapy.

Geriatric Clinic 997-5970

Ages: 55 Years and older

Outpatient evaluation and treatment for older adults, including pharmacotherapy, individual, family and supportive group therapy. Groups focus on managing affective illness and coping productively with age and stage-related changes in personal and family functioning. Study protocols in the treatment of late life depression are also offered.

Eating Disorders Unit

(888) 694-5700

Ages: All ages

Outpatient evaluation and treatment for anorexia nervosa and bulimia nervosa.

**Program for Deaf and Hearing-Impaired
Individuals**

997-4318

Ages: All ages

Mental health services for deaf and hearing-impaired individuals and their families. Psychiatric evaluation; medication monitoring; individual, family and group therapy.

Personality Disorders Unit

(888) 694-5700

Ages: 18 Years and older

Individual and group psychotherapy for individuals who seek treatment primarily for self-destructive behaviors, identity issues, and interpersonal problems. Medication management is also offered.

Psychotic Disorders Unit

(888) 694-5700

Ages: 18 Years and older

Medication, supportive treatment, and psychoeducation/support groups are available to individuals who suffer from psychotic illnesses.

Family Clinic

997-5774

Ages: All ages

Assessment, psychotherapy, support, psychoeducational services and crisis intervention are available to couples and families.

Addiction Recovery Services

(888) 694-5700

Hours: Monday - Friday 9:00 am - 2:00 pm
Evening hours

Ages: 18 Years and older and significant others
Adolescent Program 13 -18 Years

Alcohol outpatient clinic services and an alcohol outpatient intensive treatment program. MICA treatment available for concurrent mental illness and chemical abuse.

Partial Hospital 997-5700

Hours: Monday - Friday 9:00 am - 3:00 pm
Ages: 18 Years and older

Partial Hospitalization Services provide a brief ambulatory treatment alternative in a medically managed, therapeutic setting, using a cognitive behavioral therapy approach. The program treats patients with acute exacerbation of a psychiatric illness, as well as those who need a step-down or transitional program following inpatient care.

Eating Disorders Unit (888) 694-5700

The Eating Disorders Partial Hospitalization Program accepts individuals 18 and older who have a diagnosis of anorexia nervosa, bulimia nervosa or eating disorder NOS; are incapacitated by their eating disorder symptoms (e.g. not able to function at work or school); and whose medical condition is not precarious.

Adult Continuing Day Treatment Programs

Dialectical Behavior Therapy (DBT) Day Treatment Program 997-8628

Hours: Monday - Friday 9:30 am - 12:30 pm
Ages: 18 Years and older

Schizophrenia Day Treatment Program 997-5760

Hours: Monday - Friday 9:00 am - 4:00 pm
Ages: 18 Years and older

Evaluation and intensive treatment for individuals with schizophrenia and Schizoaffective disorder. Provides a comprehensive

biopsychosocial rehabilitation approach in combination with state-of-the-art psychopharmacology, individual, group and family therapy.

NEW YORK STATE - See:

Blaisdell, Russell E. Addiction Treatment Center
Hudson Valley Developmental Disabilities Services Office
Rockland Children's Psychiatric Center
Rockland Psychiatric Center

NORTH EAST WESTCHESTER SPECIAL RECREATION, INC.

63 Bradhurst Avenue 347-4409
Hawthorne, NY 10532

Hours: Office: Monday - Friday 9:00 am - 4:00 pm
Program hours vary

Ages: 4 Years and older

Serves: Towns of Bedford, Lewisboro, Mount Pleasant,
New Castle, North Castle, North Salem, Pound Ridge,
Somers; Villages of Mount Kisco, Pleasantville,
Sleepy Hollow, and Briarcliff Manor.

A 12-month program for developmentally disabled children and adults, providing after-school, evening, and weekend therapeutic recreation programs. Six-week summer day camps for children with developmental disabilities and learning disabilities. Activities focus on gross and fine motor coordination, social interaction, and leisure skill development.

NORTHERN WESTCHESTER HOSPITAL CENTER

400 East Main Street 666-1200
Mount Kisco, NY 10549

Hours: 24 Hour Emergency and Inpatient Services

Ages: 16 Years and older

Locked psychiatric unit for short-term hospitalization, providing psychotherapy, pharmacology, individual, group, and family therapy. Geriatric psychiatric beds available.

NOR-WEST REGIONAL SPECIAL SERVICES PROGRAM

P. O. Box 420 737-4797
Crugers, NY 10521

Hours: Office: Monday - Friday 9:00 am - 4:30 pm
Program hours vary
Ages: 5 Years or older

Respite and recreation for disabled persons referred by agencies, schools, workshops and communities.

OPENGATE

28 Warren Street 277-3661
Somers, NY 10589 277-5350

Admission Information 277-3661 x.235

Hours: 24 Hours
Ages: Adults

Opengate operates a Day Habilitation Program, three Intermediate Care Facilities, five Individualized Residential Alternatives and a Service Coordination Program for individuals with developmental disabilities, including those who are behaviorally challenged.

PATHWAYS TO HOUSING, INC.

55 W. 125th Street, 10th Floor (212) 289-0000
New York, NY 10027

54 South Third Avenue 663-4981
Mount Vernon, NY 10550

Email: info@pathwaystohousing.org

Hours: Monday - Friday 9:00am - 5:00 pm
Program: 24 hours, 7 day availability
Ages: Adults

Provides consumer-preferred housing first in the community, and then the support services needed to set and meet personal life goals in: health care, education, employment, psychiatric and substance abuse treatment, and reconnecting with family and friends. Referrals are through the Westchester County Department of Social Services, individuals who are dually diagnosed and long-term users of the county's shelter system.

PELHAM GUIDANCE COUNCIL

253 Wolfs Lane 738-0530
Pelham, NY 10803

Email: www.pelhamguidancecouncil.org

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Adolescents and young adults

Prevention, outreach, early intervention, and counseling for substance abusers, those at risk of becoming substance abusers, or those between the ages of 10-26 experiencing any personal or family problems. Professionally-trained counselors provide group, individual and family treatment as well as school based services. Speakers bureau and educational workshops.

PHELPS MEMORIAL HOSPITAL CENTER

Behavioral Health Center 366-3600
701 North Broadway
Sleepy Hollow, NY 10591

Email: jgoldberg@pmhc.us

Program Information 366-3619

Inpatient Psychiatric Unit 366-3513

Ages: 18 Years and older

Acute, short-term psychiatric care, including individual and group.

Behavioral Rehabilitation Inpatient Chemical Dependency Unit for Co-Occurring Disorders

701 North Broadway 366-3565
Sleepy Hollow, NY 10591

Intake Coordinator Monday – Friday 366-3027

Hours: Intake Coordinator 8:30 am - 4:30 pm
Ages: 19 Years and older

Structured inpatient rehabilitation program for persons with chemical dependence or abuse and secondary psychiatric diagnosis. Medical evaluation and supervision; individual and group counseling; education groups.

Outpatient Services

Echo Hills Community Counseling Center 478-0633
Broadway and Main Street
Hastings-on-Hudson, NY 10706

Hours: Monday – Thursday 8:30 am - 7:00 pm
Closed Friday and Weekend
Ages: All ages

Psychiatric outpatient clinic for patients of all ages, providing individual, group and family therapy; crisis intervention and brief therapy; consultation to community agencies; workshop presentations.

Phelps Counseling Services 366-3600
Hospital Branch (Bi-lingual Services are available)
Phelps Memorial Hospital Center
701 North Broadway
Sleepy Hollow, NY 10591

Hours: Monday – Friday 9:00 am - 5:00 pm
Some groups are 6:00 pm – 7:00 pm
Ages: 11 Years and older

Phelps Bi-lingual Counseling Services 631-3653
(Satellite) 631-3133

Hours: Monday 9:00 am - 6:30 pm
Wednesday 9:00 am - 7:00 pm
Ages: 18 Years and older

Diagnosis and assessment, individual and group therapy for adults and crisis response in Spanish and English. In an emergency, ask for psychiatrist on call.

Phelps Continuing Day Treatment 923-5700
315 South Highland Avenue
Briarcliff Manor, NY 10510

Hours: Monday - Friday 8:30 am - 4:30 pm
Ages: 18 Years and older

Full day program for adults recovering from mental illness; provides symptom management, training in daily living skills, verbal therapy, medication, and education. Special groups for people with concurrent mental illness and alcohol or substance abuse.

Phelps Intensive/Supportive Case Management 923-5740
315 South Highland Avenue
Briarcliff Manor, NY 10510

Hours: Monday - Friday 8:30 am - 4:30 pm

Intensive and Supportive Case Management for Northern Westchester mental health district. Provides personal support and guidance for adults with severe mental illness. Case manager, with client, determines individual needs and arranges for services.

Phelps Threshold 631-3133
155 White Plains Road, Suite 210
Tarrytown, NY 10591

Hours: Monday and Wednesday 1:00 pm - 9:00 pm
Tuesday 9:30 am – 9:00 pm
Thursday 9:00 am – 9:00 pm
Friday 9:00 am – 12:30 pm

Ages: Adolescents and adults

Outpatient alcoholism and substance abuse services. Clinic with group and individual treatment and treatment for family/significant others. (Bilingual Services are available.)

Phelps Alcohol Treatment Services (ATS) 944-5220
22 Rockledge Avenue
Ossining, NY 10562

Hours: Monday, Tuesday, Wednesday - 8:30 am - 7:30 pm
Thursday 8:30 am – 6:00 pm
Friday 8:30 am – 6:30 pm
Saturday 8:00 am – 10:00 am

Ages: Adolescents and Adults

Outpatient Day rehabilitation services and clinic for alcoholism and substance abuse. Includes crisis intervention, diagnosis and evaluation; individual, group and family therapy; family counseling;

vocational and rehabilitative counseling; educational sessions; pharmacotherapy; self-help meetings. Strong emphasis on the MICA population.

PHOENIX ACADEMY OF WESTCHESTER

3151 Stoney Street
Shrub Oak, NY 10588

962-2492
Ext. 5242
1-800-HELP-111

A residential high school that provides substance abuse treatment to adolescents. We help kids get back on track socially, emotionally and academically. Our teachers and counselors work together to create a supportive environment for adolescents to develop and grow. Students live and study together in a tightly knit, highly structured community, where each member is responsible for the well being of all the others. By participating in our comprehensive treatment program, students learn the values of honesty and responsibility and confront the underlying causes of their substance abuse. Family involvement is a key factor in the success of the program; the Academy offers parent education, counseling and family therapy. Our aftercare programs help students who have completed the residential phase of treatment to make a smooth return to community life. Phoenix House also provides services for adults.

REHABILITATION SUPPORT SERVICES, INC. (RSS)

5172 Western Avenue
Altamont, NY 12009-9566

(518) 464-1511

Email: jleszczynski@rehab.org

Westchester Division Office
1891 Main Street
Mohegan Lake, NY 10547

528-5611
Ext. 225

Hours: 24 Hours
Ages: 18 Years and older

Provides community residence and supported apartment programs for recovering mentally ill persons.

THE RENAISSANCE PROJECT, INC.

Administration
250 Clearbrook Road
Elmsford, NY 10523

345-1312

Hotline: (845) 647-6575

Hours: Monday - Friday 9:00 am - 9:00 pm

Saturday 9:00 am - 4:00 pm

Ages: 18 Years and older

Clinics

3 South 6th Avenue 664-3730

Mount Vernon, NY 10550 664-3731

Email: mseminara@renaissance-project.org

Hours: Monday - Friday 9:00 am - 5:00 pm

350 North Avenue 235-8048

New Rochelle, NY 10801

Email: nlipton@renaissance-project.org

Hours: Monday, Wednesday Thursday 9:00 am - 7:00 pm

Tuesday, Friday 9:00 am - 8:00 pm

132 Pearl Street 939-2700

Port Chester, NY 10573

Hours: Monday, Wednesday 9:00 am - 7:00 pm

Tuesday, Thursday, Friday 9:00 am - 5:00 pm

10 Palisades Avenue 423-4466

Yonkers, NY 10701

Email: ninteervallo@renaissance-project.org

Hours: Monday – Friday 9:00 am - 5:00 pm

Jan Peek Shelter 788-1701

200 North Water Street

Peekskill, NY 10566

Email: jkurachek@renaissance-project.org

Hours: Monday, Wednesday, Friday 9:00 am - 5:00 pm

Tuesday, Thursday 1:00 pm – 9:00 pm

Ages: 17 Years and older

Drug-free outpatient services for substance abusers, providing counseling based on therapeutic community concept.

Residential Services (845) 647-6575
Ellenville, NY 12428

Email: true@renaissance-project.org

Hours: 24 Hours
Ages: 18 Years and older

Long-term drug-free residential services for substance abusers, providing counseling based on therapeutic community concept.

RICHMOND CHILDREN'S CENTER

919 North Broadway 968-1900
Yonkers, NY 10701

Website: www.richmondgroup.org

Hours: 24 Hours
Ages: Varies by program

Multi-program agency serving individuals with varying levels and types of developmental disabilities, including those with complex medical needs. Programs include residential services at main facility and at variously located ICF and IRA group homes, Guest Respite services (away from home), Partners/Socios Service Coordination program, Early Intervention initial and ongoing service coordination, RC-CLASS adult day programs at multiple sites, MOVE (Movement Opportunities Via Education) currently only available to some participants of our residential and adult day programs.

ROCKLAND CHILDREN'S PSYCHIATRIC CENTER (RCPC)

New York State Office of Mental Health

2 First Avenue (845) 680-4007
Orangeburg, NY 10962

Inpatient Services

Hours: 24 Hours, 7 days a week
Ages: 11 - 17 Years

Comprehensive treatment, educational, and rehabilitative services. Admissions either through emergency room, transfer from another facility or court order.

School-Based Services

Southern Westchester Intensive Day Treatment 328-0793

c/o Southern Westchester BOCES
1606 Old Orchard Street
White Plains, NY 10604

Hours: Monday - Friday 8:30 am - 4:30 pm
Ages: Under 18 Years

Clinic services provided in cooperation with White Plains and Greenburgh School Districts. Short-term Intensive Day Treatment for adolescents in middle and high school in acute emotional crisis or in need of post-hospitalization services; provided in collaboration with Southern Westchester BOCES and member school districts.

Mount Vernon Community Services 668-5858

A.B. Davis Middle School
350 Gramatan Avenue
Mount Vernon, NY 10550

Hours: Monday - Friday 8:30 am - 4:30 pm
Ages: Under 18 years

Clinic services provided in cooperation with Mount Vernon School District.

Yonkers Day Treatment 793-5220

18 Rosedale Road
Yonkers, NY 10710

Hours: Monday - Friday 8:30 am - 4:30 pm
Ages: Grades 1 - 12

School-based treatment provided in cooperation with Yonkers School District.

Yonkers Intensive Day Treatment 376-8278

Yonkers Pathway to Success
75 Riverdale Avenue
Yonkers, NY 10701

Hours: Monday - Friday 8:30 am - 4:30 pm
Ages: Grades K - 5

Intensive Day Treatment for children provided in cooperation with Yonkers School District.

ROCKLAND COUNTY ASSOCIATION FOR THE LEARNING DISABLED

(RCALD) YOUNG ADULT INSTITUTE (YAI)

2 Crossfield Avenue, Suite 411 (845) 725-6412
West Nyack, NY 10994

YMCA 963-3806
250 Mamaroneck Avenue
White Plains, NY 10601

Hours: Wednesday 7:00 pm - 9:30 pm
Ages: Adults

Coffee house social club for learning disabled individuals.

ROCKLAND PSYCHIATRIC CENTER (RPC)

New York State Office of Mental Health

140 Old Orangeburg Road (845) 359-1000
Orangeburg, NY 10962

Hours: 24 Hours
Ages: 18 Years and older

Inpatient Services

An intermediate and long-term facility providing diagnosis and evaluation; psychopharmacological treatment; individual and group psychotherapy; special programs for psychiatric patients who are deaf or in need of rehabilitation from alcohol use. By referral from Westchester County psychiatric hospitals.

Residential Programs

State Operated Community Residence (SOCR) (845) 359-1000
Residential Care Center for Adults (RCCA) (845) 398-7070
(845) 680-7500

Hours: 24 Hours
Ages: Adults

Residential services are provided to recovering patients through a State Operated Community Residence (SOCR) a 24-bed supervised residence, and a Residential Care Center for Adults (RCCA) a 136-bed supervised residence.

Outpatient Services

Partial Hospitalization Program (PHP) (845) 680-8425

The PHP is a short-term comprehensive treatment program to prevent hospitalization or reduce length of stay in hospital. An on-campus crisis residence provides a temporary residential component to the program.

Rockland Mount Vernon Service Center 699-6070
60 South Third Avenue
Mount Vernon, NY 10550

Hours: Monday - Friday 8:30 am - 5:00 pm
Ages: 18 Years and older
Serves: Mount Vernon, Bronxville, Tuckahoe, Pelham, Pelham Manor, and Eastchester

Rockland New Rochelle Service Center 633-8842
420 North Avenue
New Rochelle, NY 10801

Hours: Monday - Friday 8:30 am - 5:00 pm
Ages: 18 Years and older
Serves: Harrison, New Rochelle, Larchmont, Mamaroneck Town, Mamaroneck Village, the Pelhams, Port Chester, Rye and Rye Brook

Rockland Peekskill Service Center 737-8217
1040 Main Street
Peekskill, NY 10566

Hours: Monday - Friday 9:00 am - 5:00 pm
Evenings by appointment
Ages: 18 Years and older
Serves: Bedford, Briarcliff Manor, Buchanan, Cortlandt, Croton, Lewisboro, Mount Kisco, Mount Pleasant, New Castle, North Castle, North Salem, Sleepy Hollow, Ossining Town, Ossining Village, Peekskill, Pleasantville, Pound Ridge, Somers, and Yorktown

Rockland White Plains Service Center

948-1192

79 East Post Road
White Plains, NY 10601

Hours: Monday - Friday 8:30 am - 5:00 pm
Ages: 18 Years and older
Serves: Ardsley, Dobbs Ferry, Elmsford, Greenburgh, Hastings, Irvington, Scarsdale, Tarrytown and White Plains

Rockland Yonkers Service Center

969-0543

2 Park Avenue
Yonkers, NY 10703

Hours: Monday - Friday 8:30 am - 5:00 pm
Thursday 5:00 pm - 8:30 pm
Ages: 18 Years and older
Serves: Yonkers

Comprehensive outpatient services providing diagnosis and assessment; psychotherapy for individuals, groups, and families; medication; emergency and crisis intervention services. Educational and vocational services help individuals with psychiatric disabilities set and achieve goals in the areas of work, housing, education and socialization. Self-help and empowerment groups and activities. Note: The areas generally served by each location are listed, but individuals may receive services at any convenient location regardless of where they live.

Rockland Case Management

Intensive Case Management Service for certain adults with severe mental illness and a history of frequent or extended psychiatric hospitalization or use of psychiatric emergency services, or homelessness, with 24-hour support available. Serves Northern Westchester mental health district.

RPC Family Care Program

(845) 398-7047

Building 31
140 Old Orangeburg Road
Orangeburg, NY 10962

Hours: 24 Hours
Ages: 18 Years and older

A residential family-type program serving adults with serious and persistent mental illness. Admission is primarily through Rockland Psychiatric Center's inpatient service.

RYE HOSPITAL CENTER

754 Boston Post Road
Rye, NY 10580

967-4567

Hours: 24 Hours
Office: Monday - Friday 8:30 am - 5:00 pm
Ages: 12 Years and older

Rye Hospital Center is a small, open-door, fully accredited psychiatric hospital treating adolescents and adults with emotional and behavioral disorders. Patients are treated in a supportive and nurturing therapeutic milieu and are seen in individual psychotherapy at least three times weekly and participate in school, therapeutic groups and activities. Family work is integral to treatment. Biofeedback service is offered to facilitate more effective anger management and behavioral skill development. Discharge planning and collaboration with collaterals supports ongoing post discharge recovery.

**ST. AGATHA HOME
New York Foundling Hospital**

135 Convent Road
Nanuet, NY 10954

(845) 623-3461

Hours: 24 Hours
Ages: All ages

Provides foster care services, community services, a residential program, and a respite program for child welfare and developmentally disabled individuals and their families. Provides runaway and homeless youth shelter, 24 hour hotline, community outreach and family support services. Provides Rockland County non-secure detention.

ST. JOHN'S RIVERSIDE HOSPITAL

Behavioral Health Services
2 Park Avenue
Yonkers, NY 10703

964-7873

Inpatient Services

Inpatient Detoxification

964-7537 or
1-877-944-CARE

This 72-bed program provides physician supervised detoxification from alcohol, opiates, benzodiazepines and other substances. A multidisciplinary team provides addiction education, group and individual counseling, and discharge planning. Psychiatric consultation services are available as needed.

The Smithers Center Inpatient Rehabilitation Program

964-7537 or
1-877-944-CARE

This is a 69 bed inpatient rehabilitation program. Patients participate in a highly structured course of treatment designed to provide knowledge, skills and strategies that are key to recovery and resumption of a drug-free lifestyle. In addition to individual and group counseling, program components include a variety of alternative therapies such as acupuncture, music and art therapy, yoga, reflexology, and other forms of holistic treatments. There are specialized services for women, patients with co-occurring disorders, and those on methadone maintenance.

Outpatient Services

Methadone Maintenance Treatment Program (MMTP)

964-7714

2 Park Avenue
Yonkers, NY 10703

This program provides a comprehensive array of medical, nursing, and counseling services to help clients free themselves from dependency of heroin and other opiates. On-site psychiatric services, vocational assessment, and specialized services for clients with HIV/AIDS are also available.

Chemical Dependency Outpatient Treatment Programs

964-7873

Structured morning, afternoon and evening services are provided for addicted persons and their significant others.

Day Rehabilitation Programs

Program meets up to five times per week for four hours per day. Includes individual and group therapy, integrated into self-help programs, and

vocational, educational and recreational services. Lunch is provided daily and transportation is available.

Clinic Programs

Flexible day and evening hours for those who work, go to school or need a step-down level of care. Meets up to five times per week.

These targeted services available for adolescents, criminal justice involved, Spanish speaking, homeless, methadone maintenance, family members and those with co-occurring psychiatric disorders.

Greenburgh Addiction Treatment Services (GATS) 683-5311
30 Manhattan Avenue
White Plains, NY 10607

Archway 668-1450
20 East First Street
Mount Vernon, NY 10550

New Focus Center 964-8000
2 Park Avenue
Yonkers, NY 10703

Services to Children and Adolescents

This is an onsite clinic level chemical dependency treatment program at an adolescent residential program.

Hawthorne Cedar Knolls 773-2114
226 Linda Avenue
Hawthorne, NY 10532

Criminal Justice Services

Solutions 231-1314

Located at and operated in conjunction with Westchester County Department of Correction. This jail based program offers chemical dependency treatment combined with educational programming. Graduates are linked with aftercare services upon discharge to the community.

RSVP

231-1314

Located at and operated in conjunction with Westchester County Department of Correction. This program is designed for male offenders with a history of violence who need anger management and substance abuse treatment services.

Community Link

231-1307

This program targets chemically dependent female inmates at the Westchester County Department of Correction. The goal of this program is to reduce recidivism.

Direct Treatment Alternative to Incarceration (DTATI)

964-7873

This program, operated in conjunction with the Westchester County Department of Probation, provides an outpatient treatment and intensive supervision alternative to incarceration for chemically dependent persons charged or convicted of felony offenses. Sites operated at Greenburgh, Archway and New Focus.

964-7873

CASAC Educational Program

350-hour Credentialed Alcoholism and Substance Abuse Counselor (CASAC)

This two semester accredited course trains health care professionals to be academically eligible for the NYS CASAC exam. The program is available to those seeking the 350 hour graduation certificate, or those seeking re-credentialing hours.

ST. JOSEPH'S MEDICAL CENTER

127 South Broadway
Yonkers, NY 10701

378-7000

Website: www.saintjosephs.org

Psychiatric Emergency Department

Hours: 24 Hours, 7 days per week

Ages: 18 Years and older

While no child psychiatric services are available, children experiencing psychiatric emergencies will be evaluated and referred.

Evaluation, treatment and referral or inpatient admission of persons with psychiatric emergencies is provided by psychiatrists within the Emergency Department at Saint Joseph's Medical Center.

Crisis Prevention and Response Team

925-5959

Hours: 24 Hours
Ages: All

A mobile, person-centered resource to assist Westchester residents in resolving crisis situations by linking them to existing supports in the community.

Inpatient Services

Hours: 24 Hours, 7 days per week
Ages: 18 Years and older

Short-term and intermediate length of stay inpatient treatment using diagnostic and therapeutic services; medication stabilization; cognitive and interpersonal therapies; brief short-term psychotherapy and family therapy; aftercare and community placement assistance, and token economy. Voluntary, involuntary and emergency admissions.

Outpatient Services

Mental Health Clinic
107 South Broadway
Yonkers, NY 10701

378-7461

Hours: Monday – Friday 9:00 am – 5:00 pm
Limited hours by appointment evenings and Saturday.
Ages: 18 Years and older

Diagnosis, evaluation, individual, group and family therapy; behavior modification; pharmacotherapy, ambulatory ECT; priority for emergencies and crisis intervention. Bilingual services available in Spanish, Serbian, Croatian.

Satellite Mental Health Clinic
at The Sharing Community
One Hudson Street
Yonkers, NY 10701

963-2626

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 18 Years and older

Diagnosis, evaluation, individual, group and family therapy; behavior modification; pharmacotherapy, ambulatory ECT; priority for emergencies and crisis intervention. Spanish-speaking services available.

St. Joseph's Supportive Case Management 965-5252
317 South Broadway
Yonkers, NY 10705

Hours: 24 Hours
Ages: 18 Years and older

Supportive Case Management for Yonkers mental health district. Provides personal support and guidance for adults with severe mental illness. Case manager, with client, determines individual needs and arranges for services.

Intensive Case Management Service for certain adults with severe mental illness and a history of frequent or extended psychiatric hospitalization or use of psychiatric emergency services, or homelessness, with 24-hour support available.

Methadone Maintenance Treatment Program 378-7566
8 Guion Street
Yonkers, NY 10701

Hours: Monday - Friday 6:00 am - 2:30 pm
Saturday 7:00 am - 10:30 am
Sunday and Holidays 7:00 am - 10:30 am
Ages: 18 Years and older*

Outpatient methadone maintenance and detoxification program for opiate abusers, plus a full range of medical, psychiatric, social work and vocational support services. Ambulatory Detoxification. Primary health care available on-site. *Under 18 years for detoxification only; presently addicted to opiates; parent or guardian consent required.

Positive Directions 964-0905
317 South Broadway
Yonkers, NY 10705

Hours: Monday - Friday 10:00 am - 2:00 pm
Monday, Tuesday, Thursday 6:00 pm - 8:00 pm

An alcoholism and substance abuse outpatient clinic and rehabilitation program providing a combination of rehabilitative services. Day and evening rehabilitation programs available. Dually-diagnosed patients accepted, Spanish speaking track available; DWI/DUI evaluation and treatment services available.

ST. VINCENT'S HOSPITAL WESTCHESTER
A Division of St. Joseph's Medical Center

275 North Street 967-6500
Harrison, NY 10528

Website: www.stvincentswestchester.org

Evaluation and Referral Services 925-5320

Hours: 24 Hours
Ages: All

24/7 mental health and chemical dependency evaluation and referrals services available with or without appointment.

Crisis Prevention and Response Team 925-5959

Hours: 24 Hours
Ages: All

A mobile, person-centered resource to assist Westchester residents in resolving crisis situations by linking them to existing supports in the community.

Inpatient Services 925-5320

Hours: 24 Hours
Ages: 13 Years and older

Diagnosis, evaluation and short-term treatment of acute psychiatric issues; individual and group psychotherapy; pharmacotherapy; specialized units for older adults and adolescents ages 13-19. Rehabilitation program offers counseling; medical and psychiatric evaluation and treatment; education groups and programs; family counseling; AA meetings. Dual diagnosis services on all units for patients with co-occurring psychiatric and chemical dependency disorders.

Partial Hospital Program

925-5320

Hours: Monday – Friday 9:00 am – 4:30 pm (Adults)
 Monday – Friday 9:00 am – 3:00 pm (Adolescents)
 Ages: Separate programs for adolescents ages 13 – 19 and adults.

Separate adolescent and adult programs providing intensive short-term treatment to address acute psychiatric issues, including co-occurring disorders. The program is designed to prevent inpatient psychiatric hospitalization or re-hospitalizations and to help individuals transition back to their life in the community. Adolescent program has a school component.

Outpatient Mental Health Services

925-5320

Latino Treatment Services

925-5223

Hours: Monday - Friday 9:00 am - 5:00 pm
 Evening hours available
 Ages: 5 Years and older.

Psychotherapy (individual, group, marital and family); pharmacotherapy; crisis intervention. Specialized treatment services include: child and adolescent services; geriatric ambulatory program; Latino treatment service (office hours also available in White Plains); services for clients with serious mental illness, co-occurring disorders; clergy consultation and treatment service.

Outpatient Addiction Recovery Service

925-5320

Hours: Monday - Friday 9:00 am - 9:00 pm
 Saturday 9:00 am – 1:00 pm
 Ages: Adults

Structured day and evening intensive recovery program; day rehabilitation; dual diagnosis services; relapse prevention; family services; DWI/DUI evaluation and treatment and aftercare groups; forensic services.

EXCEL I

925-5320

Hours: Monday - Friday 9:00 am - 3:00 pm
 Tuesday, Thursday 6:30 pm – 9:00 pm
 Ages: 13 – 19 Years

Day intensive day treatment program for adolescents who have problems with alcohol and other substances and are unable to manage at home or school. Designed to be an alternative to inpatient treatment, the program provides tutoring by state-certified teachers. Evening program offered twice a week for adolescents who are relatively stable in school and beginning to experience problems with alcohol or other substances.

The Maxwell Institute
92 Yonkers Avenue
Tuckahoe, NY 10708

337-6033

Hours: Monday - Thursday 8:30 am - 9:00 pm
Friday 8:30 am – 4:00 pm
Ages: 13 Years and older

Program provides outpatient chemical dependency services and day intensive treatment. Individual and group counseling, family counseling, screening and evaluation. Specialized groups for adolescents and family treatment. Community education and prevention programs.

Opioid Treatment Center
77 East Post Road
White Plains, NY 10601

286-2820

Hours: Monday - Friday 6:30 am – 2:30 pm
Saturday, Sunday 8:00 am – 11:00 am
Note: Medicating hours are:
Monday, Wednesday, Thursday, Friday 6:30 am – noon
Tuesday 6:30 am – 11:00 am
Saturday, Sunday 8:00 am – 11:00 am
Ages: 18 Years and older

Program provides comprehensive treatment services for people with opiate addiction, including pharmacotherapy using methadone, medical management, HIV/AIDS services, treatment planning, counseling and case management.

**Personalized Recovery-Oriented Services
(PROS)**

925-5320

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 18 Years and older

Comprehensive PROS program with clinical treatment, providing a full array of recovery-oriented services that focus on helping clients to achieve the kind of life they want by assisting them with reducing the barriers that prevent them from reaching their goals.

Cognitive Rehabilitation Program (CRP) 925-5320

Hours: Monday - Friday 9:00 am - 3:00 pm
Ages: 18 Years and older

Treats individuals with anxiety, mood disorders, thinking disorders, focused solutions, coping strategies, skill development. Program designed for individuals with a primary diagnosis of mental illness and secondary diagnosis of developmental disability, mental retardation, learning disability or other demonstrated limitation in cognitive skills.

Sound Shore Blended Case Management 925-5060

Hours: 24 Hours
Ages: 18 Years and older

Supportive Case Management for Sound Shore mental health district, providing personal support and guidance for adults with severe mental illness. Case manager, with client, determines individual needs and arranges for services. Intensive Case Management Services for certain adults with severe mental illness and a history of frequent or extended psychiatric hospitalization, or use of psychiatric emergency services, or homelessness; 24-hour support is available. Case management service includes an outreach worker to assist individuals not receiving SCM or ICM and a peer specialist.

Assertive Community Treatment (ACT) Team 925-5460

Hours: Monday - Friday 8:30 am - 4:30 am
24 Hour Emergency Coverage
Ages: 18 Years and older

Provides intensive, comprehensive clinical, case management, vocational and rehabilitative services to adults diagnosed with a serious mental illness and whose needs have not been met effectively by traditional service delivery. Referral required through DCMH SPOA.

WestCARES Program

925-5319

Hours: 24 Hours
 Ages: 18 Years and older

A collaborative effort with Westchester County Department of Social Services (DSS), offering a 71-bed supported housing program for homeless individuals with psychiatric disabilities and/or co-occurring mental health and substance abuse disorders. All persons served through this program are identified by DSS.

Residential Services – Supported Housing Program

925-5802

Hours: 24 Hours
 Ages: 18 Years and older

Program provides permanent housing for individuals who have graduated from more restrictive residential programs and who demonstrate the ability to live independently. Clients are provided with rental stipends and case management as needed.

Residential Services – Sister Anne Mary Regan Residence

848-3101

18 Spring Street
 Port Chester, NY 10573

Hours: 24 Hours
 Ages: 18 Years and older

The residence provides a structured, supervised environment for women with chemical dependency issues who are making the transition to abstinent living. The program provides 24-hour care and a short-term transitional residence for women in recovery who are seeking restoration to independent living.

SANCIA INSTITUTE, INC.

20 Church Street
 White Plains, NY 10601

421-0400

Email: info@sanciahealthcare.com

Hours: Monday - Friday 8:00 am - 9:00 pm
 Saturday 8:00 am - 5:00 pm
 Ages: 16 Years and older

Agency is contracted with the New York State Department of Motor Vehicles and conducts the 7 week 16 hour Drinking Driver Program.

Program is offered in Spanish and English.

Agency writes, develops and implements programs in the area of behavioral health and provides training and workshops.

SANCIA RECOVERY, INC.

20 Church Street

421-0400

White Plains, NY 10601

Email: info@sanciahealthcare.com

Hours: Monday - Friday 8:00 am - 9:00 pm

Saturday 8:00 am - 5:00 pm

Ages: 12 Years and older

Outpatient substance abuse treatment for adolescents and adults. Services include intensive day outpatient program, intensive outpatient evening program, non-intensive evening program, 14 DWI specific treatment, drug and alcohol education and adolescent and young adult substance abuse program, family program and impaired professional program, out-of-state DWI certification, forensic court evaluation, re-entry program. Treatment for dually diagnosed individuals (MICA) is available. Individual and group treatment.

Treatment offered in Spanish and English. Culturally sensitive treatment offered – African American and Latino clinicians on staff. Psychiatrist specializing in addiction medicine, adult, adolescent and child psychiatry on staff.

Agency accepts Medicaid, managed Medicaid and Medicare. Patients who are self-pay patients are given a patient statement to submit to their insurance company for reimbursement. Sliding fee scale offered.

SANCIA WELLNESS, INC.

20 Church Street

421-0400

White Plains, NY 10601

Email: info@sanciahealthcare.com

Hours: Monday – Friday 8:00 am - 9:00 pm

Saturday 8:00 am - 5:00 pm

Ages: 3 Years and older

Outpatient mental health treatment for children, adolescents and adults. Agency treats individuals, families and couples. Agency treats all emotional and behavioral disorders. Family program, parenting program, crisis intervention, specialty groups, anger management and NYS Model Batterers Program, re-entry program, veterans program. Psychiatric and dual diagnosis treatment.

Treatment offered in Spanish and English. Culturally sensitive treatment offered – African American and Latino clinicians on staff. Psychiatrist specializing in addiction medicine, adult, adolescent and child psychiatry on staff.

Agency accepts Medicaid, managed Medicaid, Medicare and private health insurances. Sliding fee scale offered.

SCARSDALE & EDGEMONT FAMILY COUNSELING SERVICE

14 Harwood Court, Suite 405
Scarsdale, NY 10583

723-3281

Hours: Monday - Thursday 8:45 am - 9:15 pm
Evenings and early mornings by appointment.
24-Hour answering service
Ages: 5 Years and older

Individual, family and couple therapy; effective parenting workshops; children’s social skills groups; speaker’s bureau; older adult services offering information and referral, care management, support groups for caregivers; youth outreach; child therapy, outdoor adventures in the summer for youth ages 11-13 years old.

SEARCH FOR CHANGE, INC.

115 E. Stevens Avenue, Suite 203
Valhalla, NY 10595

428-5600

Email: Searchforchange.com

Residential Programs

Hours: 24-Hours
Office: Monday - Friday 9:00 am - 5:00 pm
Ages: 18 Years and older

Provides community residences, treatment apartments and supported housing services for people with psychiatric disabilities.

Vocational Programs

QUIP (Quality Information Processing)

428-5600

115 E. Stevens Avenue, Suite 203
Valhalla, NY 10595

Email: vsceri@searchforchange.com

Hours: Monday - Friday 8:30 am - 4:00 pm

Ages: Adults

Vocational training program for adults with psychiatric disabilities; opportunity to learn marketable skills in business environments; vocational evaluation, career development, job-seeking skills, computer and clerical training, placement and long-term supported employment services are offered.

Career Quest

115 E. Stevens Avenue, Suite 203
Valhalla, NY 10595

428-5600

3630 Hill Boulevard, Suite 404
Jefferson Valley, NY 10535

962-3210

Hours: Monday - Friday 9:00 am - 5:00 pm

Ages: 18 Years and older

Employment service designed for individuals who are interested in choosing a career, finding employment and successfully making the transition to the work environment. Vocational evaluation, career development, job-seeking skills, placement and long-term supported employment services are offered.

THE SHARING COMMUNITY

1 Hudson Street
Yonkers, NY 10701

963-2626

Email: www.thesharingcommunity.org

Mailing Address:

P.O. Box 657
Yonkers, NY 10702

Hours: Monday - Friday 9:00 am - 5:00 pm

Lunch served every day 11:00 am - 3:00 pm

Ages: All ages

Drop-in center and food kitchen. Mental health counseling, outreach, advocacy, and referral for homeless individuals and others in need. Supported housing for homeless mentally ill persons.

AIDS Education and Referral Services including HIV counseling and testing. Nutrition services and support groups.

Mobile outreach to homeless individuals in Yonkers and Mount Vernon who are at risk of HIV infection, alcoholic/substance abuse or mentally ill. Outreach includes education, brief counseling, and referral for treatment and follow-up services.

H.O.S.T. (Homeless Outreach Service Team) provides street outreach, daytime lounges and overnight emergency shelter for those ineligible for county-contracted shelter system.

WestCARES provides housing first collaborative scatter-site housing program with psychiatric back-up for homeless mentally ill individuals.

**SOUND SHORE MEDICAL CENTER
KIRSCHENBAUM MENTAL HEALTH CENTER**

Ambulatory Care Services Bldg, 2nd Floor 365-3420
16 Guion Place
New Rochelle, NY 10802

Hours: Monday 8:30 am - 7:00 pm
Tuesday - Friday 8:30 am - 5:00 pm
Ages: 18 Years and older

The Health Center provides a variety of services including Assessment Services, Therapy and Enhanced Services to individuals 18 years or older who have a psychiatric diagnosis. These services include Initial Assessments and Psychiatric Assessments. Therapy services include Psychotherapy for individuals, families (support for collaterals when required) and Group Psychotherapy. Psychotropic medication treatment and injectable psychotropic medication administration. Enhanced services include crisis intervention, complex care management, outreach, psychiatric consultation and an Anger Management workshop.

Inpatient Detox 365-3966

Hours: 24 Hours
Ages: 18 Years and older

Short-term inpatient detox and referral for aftercare.

SOUTH EAST CONSORTIUM FOR SPECIAL SERVICES, INC.

740 West Boston Post Road, Suite 301
Mamaroneck, NY 10543

698-5232

Email: info@secrec.org

Hours: Office: Monday - Friday 8:30 am - 4:30 pm
After-hours voice mail available
Program hours vary

Ages: 5 Years and older

Therapeutic recreation programs for children, youth and adults with disabilities. Programs are held after school, evenings and weekends. Programs may include arts, music, fitness, swimming, dramatic arts, Special Olympics training, socials, ice-skating, and outdoor education. Summer day camps are offered in community day camp setting with non-disabled children. Service areas: Bronxville, Tuckahoe, Eastchester, Pelham; Harrison, Mamaroneck, Scarsdale; Port Chester, Rye Brook, Rye. Residents from other parts of the county may register. A summer teen travel program is offered for teens.

SPARC, INC.

3045 Gomer Street
Yorktown Heights, NY 10598

243-0583

Email: sparcinc@aol.com

Hours: Office hours: Monday - Friday 8:30 am - 3:30 pm
Programs hours vary

Ages: 5 Years and older

Provides social, recreational, and therapeutic services for youth and adults with developmental disabilities and/or other special needs. Also available Medicaid services coordination, academic tutoring, and individualized creative arts/recreation therapy.

SPECIAL CITIZENS FUTURES UNLIMITED, INC.

350 Fifth Avenue, Suite 1021
New York, NY 10118

(212) 643-2663

Hours: 24 Hours

Ages: 18 - 30 Years

Residential services for autistic and severely retarded persons. Community services and resources are utilized to augment the in-house program. Referrals through State and County offices only.

STUDENT ADVOCACY, INC.

3 West Main Street
Elmsford, NY 10523-2414

347-3313

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Children and young adults

Provides advocacy services to children at risk of educational failure; emphasis on educationally-handicapped children, truants, drop-outs, suspended children, children returning to school from residential placement, and families needing assistance enrolling children in new school systems in Westchester County. Youth are trained in advocacy techniques. Parents, students, professionals, and local community groups are educated on relevant issues. Networks of communication with public and private agencies working with at-risk youth are developed and expanded.

STUDENT ASSISTANCE SERVICES CORPORATION

660 White Plains Road
Tarrytown, NY 10591

332-1300

Email: sascorp@aol.com
Website: www.sascorp.org

Hours: Monday - Friday 8:00 am - 5:00 pm

A county-wide substance abuse prevention agency providing alcohol and drug related information, referral, training, consultation, and counseling.

Community Based Services

332-1300

Substance Abuse Prevention Training for Professionals.

Alcohol Awareness Program
Marijuana Awareness Program
Tarrytown

332-1300

Hours: 5:30 pm - 7:30 pm
Ages: 13 – 20 Years

Four session information and education programs for young people with alcohol and marijuana offenses and violations.

Intervention Services (all ages)

332-1300

Provides consultation to friends and family members of chemically dependent persons to facilitate participation in treatment.

Employee Assistance Program Consortium

423-EAPS (3277)

984 N. Broadway
Yonkers, NY 10701

Hours: 8:00 am – 8:00 pm

Ages: Adults

Provides EAP services to non-profit agencies.

School Based Services

Student Assistance Program

332-1300

Project SUCCESS Program

An alcohol, tobacco, and drug abuse prevention and intervention program in middle schools and high schools. Provides screening, individual and group counseling, referral, and school wide awareness activities, for students and consultation for parents and school staff.

Bullying Prevention Program

332-1300

Ages: 5 – 18 Years

Training for school staff and parents, consultation on policies and procedures, Olweus Bullying Prevention Program Committee Training.

Reduce Our Adolescent Drinking

332-1300

Drugging & Driving (ROADD) Program

Ages: 15 – 19 Years

Provides impaired driving prevention activities for high school students.

TACONIC INNOVATIONS

25 Beechwood Avenue
Mount Vernon, NY 10550

668-9041
(866) 337-0578

Email: Mathias@Taconicinnovations.com

Website: www.Taconicinnovations.com

Hours: Monday - Friday 8:00 am - 7:00 pm
Ages: 2 - 75 Years

The following services are provided: Family Support Services (FSS) Respite, Waiver Respite, Community Habilitation Services; Medicaid Service -Coordination; Supportive-IRA, Day Habilitation; Supplemental Day Habilitation Services, Individual Support Services (ISS) and Initial Medicaid Application Services.

**VETERANS ADMINISTRATION
HUDSON VALLEY HEALTH CARE SYSTEM**

Montrose Campus 737-4400
Route 9A
Montrose, NY 10548

Hours: 24 Hours
Outpatient Service: Monday - Friday 8:00 am - 4:30 pm
Ages: Adults

Inpatient care for medical, adult psychiatric, alcohol and drug related problems; nursing home facilities. Outpatient services for adult psychiatric, alcohol, drug and medical treatment.

VOLUNTEER CENTER OF UNITED WAY

220 White Plains Road 948-4452
Tarrytown, NY 10591
Website: www.volunteer-center.org

Hours: Monday - Friday 8:30 am - 4:30 pm
Ages: Adults

VIP-Volunteer Internship Program. A volunteer internship program for Westchester residents recovering from mental illness who wish to participate in a volunteer work experience that will further their vocational goals.

VOLUNTEERS OF AMERICA

340 West 85th Street (212) 873-2600
New York, NY 10024

Website: voa-gny.org

Mid-Hudson Division Administration Office 741-2200
50 Broadway
Hawthorne, NY 10532-1252

Crossroads Community Residence 636-8689
395 Webster Avenue
New Rochelle, NY 10801

Hours: 24 Hours
Intake: Monday - Friday 10:00 am - 2:00 pm
Ages: 18 Years and older

Crossroads Residence is a 17-bed halfway house that has been in operation since 1991, and is licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS).

We provide a safe and sober environment to help homeless men recover from substance dependence or abuse. Many residents have co-occurring mental health disorders; some also have on-going legal issues with histories of multiple arrests and convictions.

The Crossroads Residence staff members provide residents with comprehensive services designed to assist them in achieving lasting sobriety, independent living, and employment.

Services are designed to prepare clients for complete independence in three to nine months.

Grasslands Homeless Shelter 231-4200
25 Operations Drive
Valhalla, NY 10595

Hours: 24 Hours
Ages: Adults

A transitional residence providing round-the-clock supervision and social services to homeless single adults and couples with special needs. Our goal is to help people find permanent independent housing.

WAGON ROAD CAMP
P.O. Box 47 238-4761
Chappaqua, NY 10514

Website: www.childrensaidsociety.org

Hours: One weekend per month
Ages: Ages 7-17

Weekend respite for individuals with physical handicaps or mild to moderate mental retardation. Arts and crafts, outdoor activities in summer. Emphasis on group relatedness and development of skills.

WESTCHESTER CHILDREN'S ASSOCIATION

175 Main Street, Suite 702 946-7676
White Plains, NY 10601

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Children's advocacy group addressing a range of issues including mental health, health, day care, education and other concerns.

WESTCHESTER COMMUNITY OPPORTUNITY PROGRAM, INC. (WESTCOP)

Outpatient Drug-Free Program
Administrative Office 592-5600
2269 Saw Mill River Road, Building 3
Elmsford, NY 10523

Hours: Monday - Friday 8:30 am - 8:00 pm
Saturday 9:00 am - 1:00 pm
Ages: 16 Years and older

Greenburgh Open Door Drug-Free Program 761-8264
5 Prospect Avenue
White Plains, NY 10607

Mount Vernon Open Door Drug-Free Program 664-4042
60 South Third Avenue
Mount Vernon, NY 10550

New Rochelle Outreach Center 636-2721
33 Lincoln Avenue, Suite 2
New Rochelle, NY 10801

Drug-free treatment program for substance abusers includes outreach, counseling and referrals. Intensive day treatment services available at the Mount Vernon site. Aftercare program with emphasis on preparation for employment and training.

**WESTCHESTER COUNTY
DEPARTMENT OF COMMUNITY MENTAL HEALTH**

112 East Post Road, 2nd Floor 995-5220
White Plains, NY 10601

Employee Assistance Program 995-6070

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Provides evaluation and referral services to Westchester County Employees and their families and 34 other local municipalities, including Putnam County and Westchester Medical Center. EAP offers assistance in resolving issues related to worksite, family, mental health, substance abuse, housing and finances.

Health and wellness activities including conflict resolution, enhancing communication skills and stress management.

Developmental Disabilities Services:

Registration 995-5692

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Registration in the Single Point of Entry Registry for individuals with Mental Retardation and Developmental Disabilities.

Medicaid Service Coordination 995-5692

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Provides planning, coordination and oversight of case management services for developmentally disabled adults and children.

Alternative to Sentencing Program 995-5944

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 16 Years and older

Case management services for developmentally disabled individuals who have been involved in the criminal justice system or are at risk of involvement in the criminal justice system. Referrals from criminal justice system, lawyers, schools, and families.

Homeless Outreach Project

995-5944

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 18 Years and older

Intensive case management and community support for developmentally disabled individuals living in the homeless shelter system.

Treatment Alternatives for Safer Communities (TASC)

112 East Post Road, 2nd Floor 995-6191
White Plains, NY 10601

Hours: Monday - Friday 8:30 am – 4:30 pm
Ages: 16 Years and older

Criminal Alternative to Incarceration program working with the criminal justice system countywide. TASC identifies, screens and refers for treatment individuals entering the criminal justice system who have perceived drug, alcohol, or mental health problems. TASC monitors clients in treatment and reports progress to the court.

Mental Health Case Management and Outreach Services:

112 East Post Road, 2nd Floor
White Plains, NY 10601

Mental Health Alternatives to Incarceration (MHATI)

995-5239

Email: mrg3@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 18 Years and older

Case management services for people involved in the justice system countywide. MHATI offers intensive and supportive case management for people living with serious mental illness as an alternative to incarceration.

Transitional Management Services

995-5239

Email: mrg3@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm

Ages: 18 Years and older

Staff provide outreach and supportive case management for people living with serious mental illness who have been incarcerated. The service offers a bridge from the treatment provided within state and local correctional facilities to the community.

Homeless Outreach and Community Placement Team

995-5239

Email: mrg3@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm

Ages: 18 Years and older

Outreach and case management services for people living with serious mental illness in the homeless shelter system. Efforts are made to secure permanent housing for the individual and develop a support system to insure success within the community.

Westchester Mental Health Court

995-4846

Email: mah5@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm

Ages: 18 Years and older

The Mental Health Court is a problem solving court for adults with mental illness facing non-violent felony charges in Westchester County. Efforts are made to link participants with services that support recovery during the period of participation in the court.

Medication Grant Fund

995-5239

Email: mrg3@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm

Ages: 18 Years and older

The Medication Grant fund provides interim prescription coverage for people with mental illness that have been released from inpatient psychiatric care or from the custody of a state or local correctional facility.

Police-Mental Health Outreach

995-5239

Email: mrg3@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm

Ages: 18 Years and older

Training and consultation is available to police agencies throughout the County. Outreach to the White Plains community and downtown Yonkers business area is provided through Department of Community Mental Health staff in collaboration with the respective police agencies.

Care Coordination

995-5239

Email: mrg3@westchestergov.com

Hours: Monday - Friday 9:00 am - 5:00 pm

Ages: 18 Years and older

Westchester County's Care Coordination Program is for adults with serious mental illness who feel their needs have not been met by traditional community services. Care Coordination uses an Intensive Case Management approach coupled with the support of Recovery Mentors. The program embraces a person centered approach to help people work towards their recovery.

WESTCHESTER INDEPENDENT LIVING CENTER (WILC)

200 Hamilton Avenue, 2nd Floor

682-3926

White Plains, NY 10601

VP/ TTY

1-866-933-5390

Line:

Email: info@wilc.org

Hours: Monday - Friday 9:00 am - 5:00 pm

Ages: All ages

Mental Health Peer Advocates provide information and referral, self-advocacy training, benefits and entitlements advisement, basic counseling, and advocacy on behalf of consumers. WILC is also an Employment Network and provides vocational readiness and assistance in returning to work.

WESTCHESTER INSTITUTE FOR HUMAN DEVELOPMENT (WIHD)
WIHD Health Services

493-8170

Cedarwood Hall
Valhalla, NY 10595

Email: adulthealth@wihd.org

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Adults

Specialized primary care, dental and medical specialty services for individuals with developmental disabilities and related disorders delivered in a coordinated manner by highly trained and compassionate staff. Specialties available include Neurology, Behavioral Health, ENT, Cardiology, Ophthalmology, Pulmonology, Podiatry, Physiatry, Endocrinology, Gynecology, Urology, and Speech-Language Pathology services including assistive technology. Dental services include oral surgery and a mobile dental van. Behavioral health services include Psychiatry, Behavioral and Clinical Psychology.

WIHD Community Support Network

493-2702

Cedarwood Hall
Valhalla, NY 10595

Email: jmaltby@wihd.org

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Provides Medicaid service coordination and information and referrals for adults with developmental disabilities; parent-to-parent support and information; information, support and training to parents of children in special education, through the Hudson Valley Special Education Parent Center. Provides training and support for parents and professionals of children ages 3-5 through the Early Childhood Direction Center.

WIHD/Family Connection

493-1343

Cedarwood Hall
Valhalla, NY 10595

Email: dsullivan@wihd.org

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Birth - 3 Years

Provides initial and on-going early intervention service coordination.

WESTCHESTER JEWISH COMMUNITY SERVICES (WJCS)

Administrative Office 761-0600
845 North Broadway, Suite 2
White Plains, NY 10603-2427

Email: HDQ@wjcs.com
Website: www.wjcs.com

Mental Health Clinics

Hours: Monday - Friday (Time varies by clinic.)

*Denotes sites that operate on Saturday from 9:00 am – 1:00 pm

Ages: All ages

141 North Central Avenue 949-7699
Hartsdale, NY 10530

6 Gramatan Avenue 668-8938
Mount Vernon, NY 10550

*487 South Broadway 423-4433
Yonkers, NY 10705

Department of Social Services Satellite Clinic 231-2590
131 Warburton Street
Yonkers, NY 10701

*1101 Main Street 737-7338
Peekskill, NY 10566

Outpatient mental health services for children, adolescents and adults including individual, group, and family therapy; diagnosis and evaluation; special services for developmentally disabled and learning disabled individuals; consultation to community agencies; parent-child home program for pre-nursery school-age children; treatment for HIV and AIDS patients and their families; school-based child and adolescent programs.

ARCS/AIDS Family Mental Health Clinic Satellite 345-8888
40 Saw Mill River Road
Hawthorne, NY 10532

Hours: Wednesday 9:00 am - 5:00 pm

Ages: All ages

Specialized services to persons with HIV and AIDS and their families.

Amazing Afternoons (Advantage Program) 699-5296
Edward Williams School
9 Union Lane
Mount Vernon, NY 10553

Hours: Monday – Friday 3:00 pm – 6:00 pm
Program runs October - May

After school programming at Edward Williams Elementary School in Mount Vernon.

Autism Family Center 761-0600
845 North Broadway Ext. 228
White Plains, NY 10603

Wide range of services and resources for children on the autism spectrum and their families.

Bereavement Program 949-7699
141 North Central Avenue Ext. 313
Hartsdale, NY 10530

Center Lane 358-1006
34 South Broadway, Suite 214
White Plains, NY 10601

Hours: Tuesday, Wednesday and Thursday 3:00 pm – 7:00 pm

20 South Broadway, Suite 420 423-0610
Yonkers, NY 10701

Hours: Monday 3:00 pm – 8:00 pm
Friday 5:30 pm - 9:30 pm

Community Centers for LGBTQ youth located in White Plains and Yonkers.

Compeer Program 761-0600
845 North Broadway Ext. 208
White Plains, NY 10603

1:1 matches are made between people with recovering mental illness and trained volunteers.

Community Residential Services 761-0600
Group Homes (IRA's & ICF's) Ext. 128
845 North Broadway
White Plains, NY 10603

Independent Living Program (POINT) 761-0600
Ext. 175

Medicaid Service Coordination 761-0600
Ext. 138

Small group homes (Independent Residential Alternatives-IRA's & Intermediate Care Facilities-ICF's) for people whose needs for support are more intensive either due to behavioral support or medical needs.

POINT Program for people able to live in their own apartments with supports in the form of Community Habilitation.

Court Assessment Program 949-7699
141 North Broadway Ext. 352
Hartsdale, NY 10530

Developmental Disabilities Outpatient Services 949-7699
Ext. 377
141 North Central Avenue
Hartsdale, NY 10530

Individual and group treatment for individuals with developmental disabilities and with autism spectrum disorders.

Early Step Forward-Building Better Beginnings 595-0041
489 South Broadway
Yonkers, NY 10705

Hours: Monday – Friday 8:30 am – 5:00 pm

Early childhood/mental health consultation and service program supporting social, emotional and behavioral wellness for young children and their families.

Family Matters 237-6089
1 Odell Plaza
Yonkers, NY 10701

Hours: 24 Hours
Ages: 5 – 18 Years

Project serving Yonkers, Mount Vernon and New Rochelle. Provides intensive, collaborative and mobile services to seriously emotionally disturbed children, adolescents and their families.

Home Health Services of WJCS, Inc. 761-0600
845 North Broadway Ext. 339
White Plains, NY 10603

Hours: Monday – Friday 9:00 am – 5:00 pm
Ages: Children, adults and seniors.

Licensed home care agency providing homemaker services for persons with mental illness learning to live independently in the community.

Juveniles Starting Over (JSO) 949-7699
141 North Central Avenue Ext. 363
Hartsdale, NY 10530

Provides Risk Assessment Evaluations to assist the Family Court in disposition planning for adjudicated juvenile sexual offenders and offers an intensive community-based treatment program for youth mandated into treatment.

Linkages/Youth Success 813-7929
2242 South 3rd Avenue
Mount Vernon, NY 10550

Hours: Monday – Friday 9:00 am – 5:00 pm
Ages: 16 Years and younger

Work with White Plains, Yonkers and New Rochelle Juvenile Justice System/Department of Probation, to reduce problematic behaviors and create positive alternatives for youth. Youth Success providing pre-employment skills for court involved youth.

Margaret's Place 949-7699
Ext. 373

Cross Hill Academy (Yonkers), Hartsdale Family Mental Health Center, Peekskill Middle School, Pelham Middle School, White Plains High School

Partnership with Joe Torre Safe at Home Foundation and Safe Horizon providing safe havens in schools to prevent domestic violence and help young people affected by abuse.

Mary J. Blige Center for Women 965-9140
489 South Broadway
Yonkers, NY 10705

Hours: Monday – Friday 10:00 am – 6:00 pm

Empowering women with skills, knowledge, resources and supports to become self-sufficient.

Mental Health/GPS – Guiding Parents Through Services 761-0600
845 North Broadway Ext. 318
White Plains, NY 10603

Hours: Monday, Tuesday & Thursday 9:00 am – 2:30 pm

Linking families of children or youth with social, emotional or behavioral challenges to resources and services.

Milestones 922-9333
333 Pelham Road
New Rochelle, NY 10805

Rosenthal JCC of N. Westchester 922-9333
600 Bear Ridge Road
Pleasantville, NY 10570

Hours: Monday – Friday 9:00 am – 5:00 pm
Ages: Birth – 5 Years

Evaluative, therapeutic and supportive early intervention services for children with developmental delays.

Off The Street 668-8938
6 Gramatan Avenue Ext. 307
Mount Vernon, NY 10550

Hours: Monday – Thursday 3:00 pm – 5:45 pm
Program runs October - May

After school programming involving teens as tutors and mentors at Hamilton Elementary School in Mount Vernon.

Parent Child Home Program/Parent Child Center 949-7699
141 North Central Avenue Ext. 324
Hartsdale, NY 10530

Hours: Monday – Friday 8:30 am –5:00 pm
Program runs September - June

Early learning and parenting program.

Partner Abuse Intervention Program 949-7699
141 North Central Avenue Ext. 371
Hartsdale, NY 10530

Operates agency-wide to track cases involving domestic violence and to provide consultation to clinicians and professional staff. Individual and group therapy, advocacy for battered women, community education and training for professionals are provided.

Problem Gamblers Recovery Program (OASAS) 423-4433
487 South Broadway, Room 220 Ext. 38
Yonkers, NY 10705

Comprehensive program to treat gamblers and their families, community education and support groups.

Project Time Out 761-0600
845 North Broadway Ext. 340
White Plains, NY 10603

Hours: Monday – Friday 9:00 am –5:00 pm
Ages: 3 Years and older

A respite sitter and companion service focusing on recreational activities and companionship for developmentally children and seniors with Alzheimers and chronic illnesses in their own homes.

Safety Net 237-6089
1 Odell Plaza
Yonkers, NY 10701

Ages: 8 - 15 Years

A program for youth who are seriously emotionally disturbed and have problems with sexual aggressiveness. This program teams a safety coordinator with a clinician to provide safety assessments and community-based intervention aimed at keeping the child safe and stopping aggressive behavior.

Social Clubs 528-6995
Sunshine Social Club
1836 East Main Street
Mohegan Lake, NY 10547

Hours: Monday, Wednesday, and Thursday 8:30 am – 3:30 pm
Ages: 18 Years and older

Favonian Social Club 528-6995
Rectory of Assumption Church
131 Union Avenue
Peekskill, NY 10566

Hours: Monday 6:00 pm – 8:00 pm
Ages: 18 Years and older

Programs providing social, recreational and support services for persons who are living with emotional disability.

Grasslands Social Club 741-2200
25 Operations Drive
Valhalla, NY 10595

Program providing social, recreational and support services for persons who are living with emotional disability and transitioning from homeless shelter.

School Based Mental Health Satellite Clinics

Hostos Micro Society Elementary Satellite Clinic 376-8174
75 Morris Avenue
Yonkers, NY 10701

Hours: Monday – Friday 8:00 am – 4:00 pm

K.I.C.S. Satellite Clinic
Martin Luther King Elementary School
135 Locust Hill Avenue
Yonkers, NY 10701

376-5124 or
376-0723

Hours: Monday, Tuesday, & Thursday 8:00 am – 4:00 pm
Wednesday 8:00 am – 4:30 pm
Friday 8:00 am - 3:00 pm

S.C.O.P.E.S. Satellite Clinic
Woodside Elementary School
612 Depew Street
Peekskill, NY 10566

734-1359

Hours: Monday – Friday 8:30 am – 4: 30 pm

Full-time school based mental health satellite clinics. Provide assessment, clinical services, crisis intervention, referral, linkage and consultation with education staff and parents. Psychiatric and psychological consultation included.

Treatment Center for Trauma and Abuse
141 North Central Avenue
Hartsdale, NY 10530

949-7699
Ext. 375

487 South Broadway
Yonkers, NY 10705

423-4433
Ext. 16

1101 Main Street
Peekskill, NY 10566

737-7338
Ext. 21

6 Gramatan Avenue
Mount Vernon, NY 10550

668-8938

Hours: Monday – Friday 9:00 am – 5: 00 pm
Evening hours vary by clinic.

Ages: Children 18 years and younger and their families.

Countywide, supportive, evidence based treatment to child victims of sexual abuse and family members. Individual and group treatment. Consultation and training available to agencies.

Programs are geared toward helping to heal child and adult victims of abuse.

Westchester Self-Help Clearinghouse

845 North Broadway
White Plains, NY 10603

761-0600
Ext. 308

Hours: Monday – Friday 9:00 am – 5: 00 pm
Ages: All ages

Provides information and referral about self-help groups to professionals and consumers in the county. Assists in the formation of self-help programs, publishes directory.

Young Parents Achieve

422-2262

Ossining High School

Hours: Monday, Wednesday, Thursday 7:30 am – 3: 30 pm

Sound Shore Hospital

Hours: Monday – Thursday 9:00 am - 4:30 pm

Peer Latino Project

Sleepy Hollow High School

Hours: Tuesday 8:00 am - 4:30 pm
Thursday 9:00 am - 4:30 pm

White Plains High School

Hours: Monday – Friday 8:30 am - 4:30 pm

All of the above sites (Ossining, Sound Shore, Sleepy Hollow and White Plains) provide the services listed below. The Peer Latino Project is just at Sleepy Hollow High School and White Plains High School.

Provides services to pregnant and parenting teens, evidence-based pregnancy prevention curriculum and supportive programming for at-risk youth, Latino students and families.

WESTCHESTER MEDICAL CENTER (WMC)

Behavioral Health Center
Valhalla, NY 10595

493-1778

Inpatient Services

493-7076

Hours: 24 Hours
Ages: All ages

Acute treatment for patients with mental illnesses provided on specialized units. Acute Intensive Care Unit is reserved for patients in acute crisis who require close monitoring and intensive treatment by specially-trained multi-disciplinary treatment team. Children’s Unit and Adolescent Unit provide comprehensive evaluation and treatment in structured setting, which includes on-site school. Adult units include special services for those with accompanying medical illnesses. All units provide individual, group and family psychotherapy, psychopharmacology, recreational and expressive therapies. Treatment focuses on reducing symptoms and moving the patient to outpatient care in the community.

Emergency Services

Psychiatric Evaluation and Referral Center 493-7076

Immediately evaluates and treats individuals in crisis.

Outpatient Services

Adult Outpatient Services 493-7088
493-5190 Intake

Hours: Monday and Friday 9:00 am - 5:00 pm
Ages: 18 Years and older

Treatment includes group and individual psychotherapy including brief therapy, cognitive behavioral therapy, intensive long-term therapy, family therapy and treatment with medication. Specialized services available for Latino-Americans, senior citizens, gay, lesbian, bisexual, transgender communities and groups for medical populations.

Child and Adolescent Outpatient Services 493-7088
493-5190 Intake

Hours: Monday - Friday 9:00 am - 5:00 pm
Evenings by appointment
Ages: 17 Years and under

Common childhood emotional and behavioral problems, such as Attention Deficit Hyperactivity Disorder, are assessed and treated. Psychological and neurological evaluations, medication, family therapy, play therapy, group treatment and parent counseling available. Provides clinical services in collaboration with BOCES therapeutic supportive program for middle school students.

Assertive Community Treatment (ACT) Program 493-7547

Hours: Monday - Friday 9:00 am - 5:00 pm
24 Hour Emergency Coverage

Ages: 18 Years and older

Provides intensive, comprehensive clinical, case management, vocational and rehabilitative services to adults diagnosed with a serious mental illness and whose needs have not been met effectively by traditional service delivery. Services are provided in the community by a mobile treatment team and are individually tailored to assist individuals to improve their quality of life and achieve valued life roles. Referral required through DCMH SPOA and referral packet must be sent to central intake committee.

WESTCHESTER RESIDENTIAL OPPORTUNITIES, INC. 428-4507

470 Mamaroneck Avenue, Suite 410
White Plains, NY 10605

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: 18 Years and older

Assists in finding appropriate and affordable housing of all types for adults recovering from psychiatric illness who are ready to live independently.

WESTCHESTER SCHOOL FOR SPECIAL CHILDREN 376-4300

45 Park Avenue
Yonkers, NY 10703

Hours: Office hours: Monday - Friday 8:00 am - 4:00 pm
Program hours vary
Ages: 2 Years and older

Provides interdisciplinary instructional and training programs with an emphasis on improving the student's behavior. Staff includes psychologists, social workers, nurses, consulting physician. Speech, occupational and physical therapy. Professional development programs for undergraduate and graduate interns in all phases of the school.

Day School Program

Hours: Monday - Friday 9:00 am - 2:30 pm
Ages: 5 - 21 years
2 - 5 years

The program for 5 to 21 year olds serves school-age children who have been diagnosed as multihandicapped. The program for pre-school children aged 2 to 5 years serves those who experience communication disorders and developmental delays.

Home Behavior Therapy Program

A trained therapist, making home visits, will assist the family in developing practical strategies for better management of behavior problems in the home.

WESTHAB, INC.

Administrative Office 345-2800
85 Executive Boulevard
Elmsford, NY 10523

Email: mail@westhab.org

Housing Programs Division 376-0063
20 South Broadway, 12th Floor
Yonkers, NY 10701

Email: mail@westhab.org

Hours: Monday - Friday 9:00 am - 5:00 pm
Ages: Adults

Develops housing for people with special needs. Operates Windham Hotel in Yonkers, a single-room occupancy hotel accepting mentally disabled single adults. Supported apartment program for families headed by a person with mental illness.

WHITE PLAINS HOSPITAL

41 East Post Road 681-0600
White Plains, NY 10601

Outpatient Services

Mental Health Clinic 681-1078

Email: jgregory@wphospital.org

Hours: Monday and Tuesday 9:00 am - 8:00 pm
Wednesday – Friday 9:00 am – 5:00 pm

Ages: 18 Years and older

Provides evaluation and therapy for adults who either live or work in Westchester County. The clinic includes pharmacotherapy, individual, group, marital, and family psychotherapy. Services are available in English and Spanish.

Child and Adolescent Service 681-1078
Email: bosman@wphospital.org

Hours: Monday and Tuesday 9:00 am - 8:00 pm
Thursday and Friday 9:00 am – 5:00 pm
Ages: Under 18 years

Diagnosis and evaluation, individual, group and family psychotherapy, parent education, pharmacotherapy, and consultation with physicians, schools and health professionals.

Continuing Day Treatment Program 681-1078
Email: cdt@wphospital.org

Hours: Monday - Friday 8:30 am - 4:30 pm
Ages: 16 Years and older

Comprehensive program for adults requiring intensive psychiatric treatment. Program is individually tailored to meet the needs of each patient. Group psychotherapy, pharmacotherapy, rehabilitation readiness development, art therapy, focus groups, and socialization activities.

Anxiety and Phobia Treatment Center 681-1038
Email: jchessa@wphospital.org

Hours: Monday, Tuesday, Wednesday, Thursday 9:00 am - 5:00 pm
Ages: 16 Years and older

Eight-week program for people suffering from panic attacks and phobias, six-week health anxiety program and self-help groups.

WHITE PLAINS YOUTH BUREAU, CITY OF
11 Amherst Place 422-1378
White Plains, NY 10601

Hours: Monday - Saturday 9:00 am - 9:00 pm

Ages: 5 - 21 Years

Substance abuse prevention, education, and early intervention at the Youth Bureau, White Plains middle schools, and public housing sites. Recreation and counseling.

YAI/NATIONAL INSTITUTE FOR PEOPLE WITH DISABILITIES

Administrative Office
460 West 34th Street (212) 563-7474
New York, NY 10001 TDD (212) 290-2787
YAI LINK (212) 273-6182
Website: www.yai.org

Local Office: 631-2400
Tarrytown Multi-Service Center
677 White Plains Road
Tarrytown, NY 10591

Hours: Office: Monday - Friday 9:00 am - 5:00 pm
Ages: All ages

Provides residential day, health care, employment, counseling, rehabilitation recreation and camping, family support, information and referral services for infants, children, adolescents and adults with developmental and learning disabilities and their families.

Residential Services - which offer adults with disabilities the opportunity to live in individual or small-group living arrangements in the community. The residences provide a homelike atmosphere for individuals across a broad range of developmental disabilities from those who require 24 hour assistance and supervision to those who need just a few hours of guidance a week. YAI has the following types of residential programs in Westchester: ICF, CR, IRA and Supportive Living Apartments.

Day Treatment Programs help adults develop fundamental skills in the areas of self-awareness, communication, personal care, travel and mobility and sensory integration.

Day Habilitation Programs help adults to develop fundamental functional skills in the areas of personal awareness, pre-employment training, and understanding of community services. Evening socialization and skills training programs are part of the comprehensive day and evening services available.

Health Care - providing top quality health services on-site to people with disabilities. Services include: adult medicine, gynecology, dentistry and psychiatry. YAI also has centers for specialty therapy which provide the following: monitoring of medications, nutritional assessment and counseling, speech and language development assessment, physical and occupational therapy and podiatry services in nearby Bronx location.

Comprehensive Medicaid Case Management (CMCM) - families are provided with comprehensive service coordination and specialized family training. Respite and crisis intervention services are provided to help maintain the family unit.

Recreational & Camping Services - structured recreation opportunities are available to further personal development, to enhance peer interactions, and to help our consumers gain an appreciation of leisure-time opportunities.

Supported Work & Training - facilitates the employment of its clients through partnerships with more than 100 members of its Business Advisory councils and the over 500 prominent companies which have employed training program graduates. Clients are provided with training, placement, out-sourcing and contracting.

**YONKERS BUREAU OF PARKS, RECREATION AND CONSERVATION,
CITY OF**

285 Nepperhan Avenue
Yonkers, NY 10701

377-6441

Hours: Office: Monday - Friday 8:30 am - 4:30 pm
Program hours vary
Ages: 5 Years and older

Programs for developmentally disabled individuals. Fall, winter, and spring program consists of bowling, gym, swimming (including physically-handicapped individuals), young adults club, music and drama, arts and crafts, and training for special Olympics. Summer program consists of a 7-week day camp, Camp Pride.

YONKERS COMMUNITY ACTION PROGRAM, INC.

164 Ashburton Avenue
Yonkers, NY 10701

423-5905

Email: info@yonkerscap.org

Prevention and case management supports for individuals and families, including evidence-based training (Life Skills and Strengthening Families Program) and NYS registered After School Program.

YONKERS RESIDENTIAL CENTER, INC.

317 South Broadway
Yonkers, NY 10705

965-1751

Email: vmajor@yrcinc.org

Hours: Monday - Thursday 9:00 am - 5:00 pm
Friday 9:00 am - 5:00 pm

Ages: 10 - 21 Years

Breakaway

Outpatient alcohol and chemical dependency treatment programs for adolescents, children of alcoholics and family members. Provides assessment, day rehabilitation programs, individual, group and family counseling, education and vocational components. Specialized services include an adolescent day intensive program with an educational component, and support groups for HIV-infected individuals.

Residence for Chemically-Dependent Youth

376-7617

100 North Broadway
Yonkers, NY 10701

Email: vmajor@yrcinc.org

Hours: 24-Hours

Ages: 13 - 18 Years

Residential treatment for chemically-dependent youth, coordinated with Breakaway day program and educational programming in local school district. Accepts youths in foster care.

YOUNG WOMEN'S CHRISTIAN ASSOCIATION (YWCA) OF WHITE PLAINS AND CENTRAL WESTCHESTER

515 North Street
White Plains, NY 10605

949-6227
Ext. 108

Email: jsullivan@ywcaawpcw.org

Hours: Wednesday - Sunday 9:30 am - 5:30 pm
Program hours vary

Ages: 4 Years and older

Recreational programming for developmentally disabled individuals, including swimming and safety skills, arts and crafts, physical education, daily living skills, training for special Olympics. Vacation camp program during Christmas and spring school breaks, and two weeks in August.

YOUNG WOMEN'S CHRISTIAN ASSOCIATION (YWCA) OF YONKERS

87 South Broadway
Yonkers, NY 10701

963-0640

Hours: 1:00 pm - 5:00 pm
Ages: 4 Years and older

Respite and recreation Sundays for developmentally disabled individuals.

YOUTH CONNECTION

Ossining Open Door
173 Main Street
Ossining, NY 10562

941-0769

Hours: 1:00 pm - 5:00 pm
Ages: 4 Years and older

Chemical dependency prevention and early intervention program providing outpatient counseling and consultation by mental health professionals. School based activities program and Saturday hours.

Ordering and Updating

This directory is revised periodically on our website and in print. Providers should advise us in writing of changes in addresses or phone numbers, new or discontinued programs, changes in hours of operation or services offered, or any other pertinent details that will help people find the services they need. Write to:

Westchester County Department of Community
Mental Health
112 East Post Road, Rm. 219
White Plains, NY 10601
Email: dys1@westchestergov.com

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Directory of Community Mental Health Services
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(914) 925-5959**

**St. Vincent's Hospital Westchester
A Division of Saint Joseph's Medical Center
24/7 Telephone Coverage
Mobile Response Monday-Friday 9am-6pm**

**Community Mental Health
General Information
(914) 995-5220**

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